



More than ever parents feel burdened to raise kids who are brave, resilient, and kind. This book sees beneath the surface of our children's struggles to the heart attitudes that determine kids' thoughts and actions. Jill provides evidence-based solutions for raising children of character.

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Each beat of the heart sends complex signals to the brain and other organs. These heart signals are capable of reaching higher brain centers, ultimately affecting our reasons and choices, our emotions and perceptions. Apparently, the heart has not only its own language but its own mind.<sup>22</sup>

Turning to God's Word for clarification on the function of the heart in decision-making, we find in Luke 6:45, "A good man brings good things out of the good stored up in his heart, and an evil man brings evil things out of the evil stored up in his heart. For the mouth speaks what the heart is full of."

Therefore, one of your main concerns as a parent should be to break through your child's innate proclivity to greediness found in their hearts to help them find the joy of giving and to experience the deeper satisfaction of making someone else happy rather than being concerned about their own happiness.

Will you choose greediness or gratefulness for your children?

### **Arrogance or Humility**

We were told if we built our child's self-esteem, they would make wise choices. But the converse is true. Our child only becomes self-inflated to the point of arrogance, which leads to difficulty with friendships and relationships and cultivates a disrespectful attitude. A self-esteem-filled child can become aggressive, unkind, and disrespectful to family members, friends, and others in their lives.

Oh, but sweet humility is grown and cultivated from an emphasis on self-respect—that strong soul who isn't concerned with being first, who finds great joy in serving and helping others find their purpose, and delights in watching others learn what they've already learned. They are confident in knowing who they are, who they belong to, and what they stand for.









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