



In Priceless: Who I Am
When I Feel... Linda and
Jen Barrick explore the
role feelings play in a
woman's spirituality.
They now bring you
Beyond Priceless: Who
God Is When I Feel..., a
devotional that invites you
to experience the hope
and peace God offers in
the midst of uncertainty.

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When I feel ordinary . . . God is BEYOND PRICELESS



What is the one stand-out quality you think makes you special or different from everyone else? Describe it in writing or draw a sketch of it.

When I feel ordinary . . .

I was sure I was really going places until middle school. Then, suddenly, I became self-conscious about all the things I used to think made me special. I started to deal with the reality that I probably wasn't going to play soccer in college or even get a solo in the choir concert, much less win *American Idol*. No matter how much I dreamed about being amazing or sensational, I felt ordinary.

If you've ever felt ordinary, or if you just now struggled to write down anything you think makes you stand out as special, you are experiencing what most of us experience as we begin to become more aware of ourselves and the world around us. As our world becomes bigger, we feel smaller and less sure of who we are. Believe it or not, that's how God designed it. He perfectly planned the stages of our life so that as we grew up, we would need to press into Him more, and when we did, we would discover how big and wide and deep He is.

God is *Beyond Priceless*! He's beyond my imagination. God is holy. He is majesty. He is love. God is everywhere. He's the air I breathe. I can't fully understand Him, but I can know Him personally and intimately. God is the one true hope of the world. He is my expectation. I rest in His everlasting arms and know I am safe and secure.

God is BEYOND PRICELESS

Sometimes God lets us run out of our high view of ourselves so we can grasp a higher view of Him, but that does not mean we are ordinary. That just means we are perfectly set up for God to fill us with His love and power and attributes, making us into something extraordinary.

In fact, you can't be ordinary. There is no one like you. Guess what? You are an ORIGINAL! God threw out the mold when He created you. No one else has your same awesome laughter, your personality, your intricate mind. When God handcrafted and designed you, He had eternity in mind. He sees who you will become when You are filled with His Spirit. When He looks at you, He sees the lives you will influence. He has something unique for you to do that will impact eternity. He wants you to seek His name and look to Him for confidence because He has something for your life far bigger and greater than you could ever dream.

During my middle school years, I had another transformation. A youth pastor taught me to start journaling my feelings and hopes and dreams to Jesus. Instead of keeping all of my feelings bottled up inside, I learned to pour them out in a journal and lay them at the feet of Jesus. I can honestly say that learning how to talk to Jesus through writing down questions and feelings is what helped me survive those in-between years and the

When I feel ordinary . . .

difficult years that followed my accident. As I interacted with Jesus and read His Word, I started writing down prayers asking to trade my ordinary identity and inadequacies for His extraordinary plan for my life.

JEN'S JOURNAL ENTRY, 2006 (AT AGE FIFTEEN)

Father,

I know you choose the foolish ones, the weak ones, to shame the strong and the wise. God, that means you can take me just as I am (1 Corinthians 1:26-29). You can take me, a nobody, and turn me into a somebody. I know with you all things are possible (Matthew 19:26). Take this year and my life and allow your glory to shine! Take it and use it to its full potential.

My wildest dreams for my life do not even come close to what God has prepared for me. God doesn't want me to be normal and blend in.

I am not ashamed to be different. In all honesty, I want the challenge. The best plans I have for my life will be far exceeded with God's help.

God is BEYOND PRICELESS

One of the most admired young girls in all of history started out as a typical teenager. Mary, the mother of Jesus, was just a young girl from a low-income family until she was chosen to carry a priceless treasure into the world—Jesus! When the angel appeared to Mary to tell her the news, at first she was confused and afraid. Yet, in the midst of her uncertainty about who she was and whether she was gifted enough for this calling, she surrendered to God's plan. In her surrender, she discovered how great and mighty God is. Look at how she describes Him:

Oh, how my soul praises the Lord.

How my spirit rejoices in God my Savior!

For he took notice of his lowly servant girl,
and from now on all generations will call
me blessed.

For the Mighty One is holy, and he has done great things for me.

He shows mercy from generation to generation

to all who fear him.

His mighty arm has done tremendous things!

LUKE 1:46-51

When I feel ordinary . . .

God has a special purpose for you just like He had a unique purpose for Mary. You can never be ordinary when you carry Jesus in your heart. You hold the most priceless treasure, the Hope of the world, and God has a plan only you can fulfill to share His love with others. It doesn't matter who you are or what you've done because you are invited to trade your less-than-remarkable qualities for God's extraordinary qualities! My prayer is that in the weeks ahead, you will discover more about who God is and begin to embrace His view of you as your new identity—*Beyond Priceless!*

Dear Great I AM,

I'm not going to lie. Sometimes I feel unseen, unheard, and invisible. Then I realize I can't be ordinary because I have the Holy Spirit, God Himself, living inside me. Wow! Lord, You are Beyond Priceless. I can't even begin to fathom who You are. You spoke the whole world into existence. Reveal to me more of who You are. Let who You are overshadow who I am.

Lord, I come before You with an excited but heavy heart. I don't know what the future holds, but I know I can trust You. What an honor to be chosen by You. Just like Mary, I want to surrender everything to You.

God is BEYOND PRICELESS

Lord, I give You my available heart. Please use me to do the impossible! Use me to carry the hope of Jesus to the world! Help me reflect a hint of Your glory and carry a hint of Your character.

Equip me for the journey through life.



Write your own prayer of expectation to God.

When I feel anxious . . . God is my PEACE

What circumstances cause you to feel anxious? After my brain injury, I had severe anxiety; I could not walk into a room full of people without shaking. Crowds and noise were overwhelming. I couldn't even go to church or sit in the waiting room at a doctor's office. I had this verse written on a hot pink index card next to my bed, and I would read it every morning:

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

PHILIPPIANS 4:6-7 NIV

When I feel anxious . . .

I challenge you to write this passage on a sticky note or index card and put it on your bathroom mirror or somewhere you will see it every day and can claim it out loud.

Dear God,

Life has hardships and trials. I am claiming
Your promise that says "Do not be anxious
about anything" but pray about everything,
and Your peace will guard my heart and mind.
I pray Your truth would shine greater and be
louder than any other voice I hear. I choose
to follow You. I know with Your help, I will be
an overcomer. Prince of Peace, I need You.
I can't do it alone. Please come to my rescue.
I can't wait to see how You will transform
my anxiety into something beautiful.

Peace means there is no war, no battle going on in my mind. Peace is stability and stillness of mind. It's what our souls long for. When I am at peace, I am confident, secure, not worried, not trying to defend myself. My brain and body are at ease. It doesn't mean I know what will happen in the future, but I am trusting God. If I give my mind to the Lord, He will renew it and give me His perspective. Peace means I am believing God knows what is best for me and will do what is best for me.

God is MY PEACE

I was diagnosed with thyroid cancer seven years ago, and even though my last body scan indicates that I'm clear of any cancer, I still have a lifelong battle of blood work every six months just to make sure no cancer cells have returned. Even though cancer is out of my control, I can still have peace. I know what happens in the end: God's peace will rule and reign forever!

Not only does God give peace, He *is* peace. Jesus is the Prince of Peace. After Jesus rose from the dead, before He ascended back into heaven, He promised to send the gift of the Holy Spirit. Here is how He describes the Holy Spirit: "I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid" (John 14:27).

Dear Almighty Prince of Peace,

Thank You that I don't have to look for peace like a lost treasure. Scripture says peace is a gift from You. Peace is found and anchored in who I am in You. Thank You for the promise that You will guard my heart and mind. I lift all of my anxious thoughts up to You today. Please shine Your peace over me. Thank You that I am secure in Your almighty hand. I can't stop smiling because Your Holy Spirit lives in me, and I can tap into Your peace any time and any place. Your peace never runs out!

When I feel anxious . . .

We aren't the author of peace. Peace is a gift from God, and it's renewable every day. God's peace is unlimited. The fruit of the Spirit is love, joy, peace (Galatians 5:22). God's peace is there—you just have to ask for it and receive it. If you are a Christian, peace lives inside you. You can tap into God's peace anytime you need it.

One of my favorite Bible stories tells how Jesus stood up in a boat during a storm on the Sea of Galilee and said, "Peace, be still"—and even the winds and the waves obeyed Him:

And a great windstorm arose, and the waves were breaking into the boat, so that the boat was already filling. But he was in the stern, asleep on the cushion. And they woke him and said to him, "Teacher, do you not care that we are perishing?" And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm.

MARK 4:37-39 ESV

Jesus is the highest authority. When I can't control the storm or the situation, I have to trust that God has my

God is MY PEACE

best interest in mind and that He will carry me through. You can picture Him rising up in the middle of your stormy circumstance and saying, "Peace! Be still!"



What storm are you in right now?



Ask the Holy Spirit to show you why you are anxious. What lie are you believing about that storm or circumstance?

When I feel anxious . . .



Journal a prayer asking God to help you replace any lies with His truth.

Sometimes we are too busy to receive peace. It doesn't mean God's not giving it. Peace is everywhere. Just go outside and hear the birds chirp or feel the constant wind on your face. God is everywhere!

Often praise music helps focus all my anxious thoughts on God instead of on my problem.

God is MY PEACE



What things do you like to do to feel peace?

I have learned from my brain therapy sessions that it is important to limit the amount of time we look at our cellphones. Several studies now indicate that our anxiety increases the more we look at our phones. Consider taking up this social-media challenge: take a break from social media for one week, then come back and record if you felt less anxiety during that week.



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