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DAY 1**Transforming Fear into Faith**

(Further Reading: Pages 23–27)



Prayer is an attitude of helplessness. This attitude of helplessness is not meant to drive you to anxiety but rather to drive you to God. In other words, prayer is helplessness plus faith. When we petition God in prayer, we come to Christ and tell Him what we, and those for whom we pray, are lacking. It is opening up our needy lives to Him.

Discussion and Discovery:

1. How does the Psalmist respond to his fears? Read Psalm 34:4.
2. How can a person respond to the temptation of anxiety in a way that moves him or her to prayer? Read Philippians 4:6–7.
3. Do you have any specific fears and/or anxieties that can provide motivation for you to pray? Write them down.
4. What is the “Isaac” in your life that you need to surrender to the Lord? See page 21.

Additional Scripture for Prayer:

- 1 Peter 5:7
- 2 Timothy 1:12

DAY 2**Praying with Confidence When You Feel
Unworthy**

(Further Reading: Pages 29–31)



We are to come to God in Jesus' name (John 14:14). We must pray for things that are in line with His revealed character and would enhance His reputation. The key is to come to God with confidence during our needy moments. Humble yourself before Him and let Him use your life to display to the world how kind and gracious He is.

Discussion and Discovery:

1. What does it mean to “pray in the name of Jesus”?
2. Write down one area of your life in which you feel inadequate or unworthy. What would it mean to “pray in the name Jesus” about this concern?
3. Look at Ephesians 2:7. What did you learn about the kindness of Jesus' name?
4. Review the activities of your day. Now write down any guidance you receive from 1 Corinthians 10:31 and Colossians 3:17.

Additional Scripture for Prayer:

- Proverbs 22:1

DAY 3**Sharing Your True Desires with God**

(Further Reading: Pages 33–38)



There are many opportunities throughout each day that encourage you to draw near with confidence to God's throne of grace. When you are struggling with anger, you need His merciful and gracious aid. You will receive it only if you first come to God and tell Him about your struggle.

Discussion and Discovery:

1. Review Jim's testimony of God's response to his honesty in prayer (page 27). What are some of your observations?
2. Are there any hurts, pains, or temptations you face for which you need to come boldly to the throne of grace and receive His mercy and grace? Write them down. And come freely.
3. Read Mark 1:40–42. Where can you trust Jesus to put His loving hand on your hurts?

Additional Scripture for Prayer:

- Hebrews 4:15–16
- James 4:6

DAY 4**Sharing Your True Desires with God**

(Review: Pages 33–38)



Temptations are an appeal to meet righteous needs in an unrighteous way. Come to God; thank Him that He has a righteous way to meet the longing your temptation has stirred.

Discussion and Discovery:

1. Look at 1 John 1:7. Write down the meaning of the phrase “walk in the light” as it is explained on page 30.
2. Read 1 John 1:7 again. What is the result of walking in the light? Can you purpose to “walk in the light” with every temptation in your life for the next 24 hours? Or even longer?
3. Ponder Nathan’s rebuke to David in 2 Samuel 12:7–14. Use this rebuke as a motivation to tell your deepest desires to the Lord rather than going somewhere else to have your needs met.
4. How is temptation in your life an attempt at meeting a legitimate need in an unrighteous way? Ask God to show you what desires you are trying to fulfill.

Additional Scripture for Prayer:

- John 6:35

DAY 5**Turning Your Temptations into Victorious Prayer**

(Further Reading: Pages 39–44)



The key is to ask God what He wants you to pray. It should be the prayer burden that He gives you. As you turn your temptation into meaningful intercession you will find yourself engaging in true prayer.

Discussion and Discovery:

1. Do you believe that God wins His victories in the midst of apparent defeat? Consider the following three examples, then explain:
 - The death and resurrection of Christ
 - Revelation 11:3–13
 - 2 Corinthians 1:8–9
2. Can you list past times of apparent defeat in your life that were precursors to special spiritual opportunities?
3. Read Psalm 27:8. Explain how God is encouraging His people to seek Him in their times of temptation.
4. Ask God to give you a specific prayer burden to pray every time you encounter your most persistent temptation. Write it down.

Additional Scripture for Prayer:

- Genesis 20:17–18
- Luke 18:9–14