# Appendix

# Father's Love Letter<sup>1</sup>

# My Child,

You may not know me, but I know everything about you.

PSALM 139:1

I know when you sit down and when you rise up.

PSALM 139:2

I am familiar with all your ways.

PSALM 139:3

Even the very hairs on your head are numbered.

MATTHEW 10:29-31

For you were made in my image.

GENESIS 1:27

In me you live and move and have your being.

ACTS 17:28

For you are my offspring.

ACTS 17:28

I knew you even before you were conceived.

JEREMIAH 1:4-5

I chose you when I planned creation.

EPHESIANS I:11-12

You were not a mistake, for all your days are written in my book.

PSALM 139:15-16

I determined the exact time of your birth and where you would live.

ACTS 17:26

You are fearfully and wonderfully made.

PSALM 139:14

I knit you together in your mother's womb.

PSALM 139:13

And brought you forth on the day you were born.

PSALM 71:6

I have been misrepresented by those who don't know me.

JOHN 8:41-44

I am not distant and angry, but am the complete expression of love.

I JOHN 4:16

And it is my desire to lavish my love on you.

I JOHN 3:1

Simply because you are my child and I am your Father.

I JOHN 3:1

I offer you more than your earthly father ever could.

MATTHEW 7:11

For I am the perfect father.

MATTHEW 5:48

Every good gift that you receive comes from my hand.

JAMES 1:17

For I am your provider and I meet all your needs.

MATTHEW 6:31-33

My plan for your future has always been filled with hope.

JEREMIAH 29:11

Because I love you with an everlasting love.

JEREMIAH 31:3

My thoughts toward you are countless as the sand on the seashore.

PSALM 139:17-18

And I rejoice over you with singing.

ZEPHANIAH 3:17

I will never stop doing good to you.

**JEREMIAH 32:40** 

For you are my treasured possession.

Exodus 19:5

I desire to establish you with all my heart and all my soul.

JEREMIAH 32:41

And I want to show you great and marvelous things.

JEREMIAH 33:3

If you seek me with all your heart, you will find me.

DEUTERONOMY 4:29

Delight in me and I will give you the desires of your heart.

PSALM 37:4

For it is I who gave you those desires.

PHILIPPIANS 2:13

I am able to do more for you than you could possibly imagine.

EPHESIANS 3:20

For I am your greatest encourager.

2 Thessalonians 2:16–17

I am also the Father who comforts you in all your troubles.

2 Corinthians 1:3-4

When you are brokenhearted, I am close to you.

PSALM 34:18

As a shepherd carries a lamb, I have carried you close to my heart.

Isaiah 40:11

One day I will wipe away every tear from your eyes.

REVELATION 21:3-4

And I'll take away all the pain you have suffered on this earth.

REVELATION 21:3-4

I am your Father, and I love you even as I love my son, Jesus.

JOHN 17:23

For in Jesus, my love for you is revealed.

JOHN 17:26

He is the exact representation of my being.

HEBREWS 1:3

He came to demonstrate that I am for you, not against you.

ROMANS 8:31

And to tell you that I am not counting your sins.

2 Corinthians 5:18–19

Jesus died so that you and I could be reconciled.

2 CORINTHIANS 5:18-19

His death was the ultimate expression of my love for you.

I JOHN 4:10

I gave up everything I loved that I might gain your love.

ROMANS 8:31-32

If you receive the gift of my son Jesus, you receive me.

I JOHN 2:23

And nothing will ever separate you from my love again.

Romans 8:38-39

Come home and I'll throw the biggest party heaven has ever seen.

LUKE 15:7

I have always been Father, and will always be Father.

EPHESIANS 3:14-15

My question is . . . Will you be my child?

JOHN 1:12-13

I am waiting for you.

LUKE 15:11-32

Love, Your Dad

Almighty God

# Book Club Questions

Hey, Friend! I am so glad you are journeying through this book with others, and I hope you experience joy and community through your time together. Below are suggested questions you can use to discuss what you've read. Feel free to just pick your favorite questions, or if you have time, tackle them all. I recommend discussing five chapters each week for six weeks (so maybe one question per week, depending on your group's size). But you have the freedom to do what works best for your group. Commit to holding what is shared in confidentiality as you grow with others.

# WEEK 1

# 1. Made by God

Describe the most beautiful place you have ever been.

What do you experience when you gaze at the beauty of creation?

How do you think what you believe about how you came into existence influences your sense of identity and purpose?

# 2. Made to Know God

What is your impression of the Bible?

How can you allow the Bible's wisdom to transform your life?

What verses have had a profound impact on your life? Please share some of them with one another.

# 3. Made for a Relationship with God

Share about the first time you remember hearing about Jesus.

Do you believe Jesus was a liar, lunatic, or Lord? Why so? How does what you believe about Jesus influence your life?

# 4. Made in the Image of God

What does it mean to you to be made in God's image?

How does the truth that you bear God's image influence the way you see yourself?

What does it look like to be an image bearer of God to a world desperate for love and truth?

## 5. Made with Love and Wonder

Do you ever have a hard time believing your value? If so, why do you think that is?

What does being wonderfully made mean to you?

How can you praise God with your life and take Him at His word when He says you have been fearfully or lovingly and wonderfully made?

# WEEK 2

# 6. Made to Glorify God

Whose glory do you think most people in our culture are living for? Their own or God's?

What does it mean to give God the spotlight in your life?

How can you glorify God through the gifts, passions,
and talents He's given you?

## 7. Made to Bloom

If your life is a garden, what does it look like?

What are some weeds in your life that might be keeping you from truly blooming?

How can you bloom and flourish right where God has you in this season?

# 8. Made for Beauty

What does it look like to build a life on one's outward appearance?

How can you cultivate a beauty that never fades?

Share about a woman in your life who makes you feel valued, loved, and known.

# Made for Something More

What does it mean to you that you have been made for more?

What are you clinging on to when God might have something better in store for you?

What worthless things are keeping you from living a life of deep purpose and significance?

# 10. Made to Live Forever

What does it mean to you to "number your days"?

How can you live a life of purpose on earth while keeping a heavenly perspective?

What most excites you about heaven?

## WEEK 3

# 11. Made to Live Fearlessly

What are your greatest fears and anxieties and what would it look like to entrust them to God?

What practical tools and strategies shared in the chapter can you implement in your life to ease anxiety and fear?

What negative influences in your life might be intensifying your fear or anxiety?

# 12. Made to Walk Worthy

How do you understand shame and have you ever experienced it?

How can you allow God to be the lifter of your shame?

What things do you need to stop listening to and looking to so you can experience freedom from shame and inadequacy?

## 13. Made to Be Redeemed

What in your life needs God's mending or redemption?

How can you surrender the broken parts of your life to Christ?

Have you ever found unexpected gifts from some of the hard things in your life?

# 14. Made to Belong

How can the truth that you belong to God give you peace and security?

Where do you feel most loved and accepted?

Where can you experience deeper belonging and how can you create space for others to belong?

# 15. Made for Friendship

Are your friendships bringing you closer to God or further apart?

What does true friendship look like to you?

Have you ever worked through a changing friendship? What did you learn?

## WEEK 4

## 16. Made to Persevere

Has suffering been a part of your story?

What do you think of the concept that we all have an invisible wheelchair?

How can you fight for joy in seasons of pain and struggle?

## 17. Made for Such a Time as This

What does it mean to you that you have been made for "such a time as this"?

Where does your "deep gladness and the world's deep hunger" meet?

Do you have a clear sense of calling on your life, or are you praying for clarity and direction?

## 18. Made for Soul Care

Why do you think women can sometimes have a hard time treating themselves with kindness and respect?

What are some ways you would like to practice better soul care?

What is one life-giving habit, routine, or discipline you can start implementing into your life?

## 19. Made to Create

What do you feel called to create?

Have comparison and distraction ever kept you from creating?

How can you live a quieter life of deep presence and contentment?

# 20. Made for Forgiveness

How have you experienced forgiveness?

What is the hardest part about forgiving someone who has wronged you?

How does the act of forgiving someone influence you personally?

# WEEK 5

## 21. Made for Sexual Wholeness

What are some of the lies about sexuality our world pushes on girls and women?

Why do you think there is so much sexual brokenness in our world?

What does it look like to pursue a life of sexual integrity in today's culture?

# 22. Made to Live Wisely

How does it feel to have so much freedom to make your own decisions?

What does it mean to you to live wisely? In what areas of your life do you need more wisdom?

## 23. Made to Be Present

Do you feel engaged with or detached from your actual life?

What negative effects do you think social media is having on us?

What are some tangible things you can do to help you practice the spiritual discipline of presence?

## 24. Made to Rest

Is a day of rest a part of your week?

What restores your soul?

What are some practical ways you can incorporate rhythms of rest and renewal into both your daily life and one set-apart day a week?

## 25. Made for an Outward-Focused Life

Why do you think it can be so easy to be self-focused?

How does insecurity or pride manifest in our lives?

How can you make the people in your life feel valued?

## WEEK 6

## 26. Made for a Mission

Who has God placed in your life that you feel called to share God's love with?

How can you be ready to give a clear explanation of the hope that is inside you?

Where do you sense God sending you?

## 27. Made to Be Faithful

What are some things God has entrusted you with?

What is God calling you to be faithful with?

What does it mean to you to live a faithful life?

## 28. Made to Be Transformed

What are you believing about God, yourself, and your future that is untrue, and how can you renew your mind?

What is one verse you can commit to memory? How can you cultivate a spirit of gratitude?

# 29. Made to Worship

What do you think of when you hear the word "worship"?

What expression of worship is a part of your life now?

What would it look like to live fully surrendered to God?

# 30. Made to Live Fully Alive

What does living fully alive mean to you?

What does it look like to walk in your true identity, purpose, and worth?

How can you cultivate a deeper friendship with God?

# Getting Outside Help

You make this world a more beautiful place, and we need you here. If you are struggling with suicidal thoughts, please tell someone you can trust and call this number:

## Suicide Hotline

800-273-8255

If you have experienced sexual assault or rape, reach out for help.

## **Sexual Assault Hotline**

1-800-656-4673



#### Introduction

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## **Appendix**

1. "Father's Love Letter," © 1999 Father Heart Communications, www.Fathers LoveLetter.com. Used with permission.