

NOTES

Chapter 1: Why You Should Care about Pornography

1. J. Villarubia (personal communication, July 20, 2015).
2. J. Peter and P. M. Valkenburg, "Adolescents' Use of Sexually Explicit Internet Material and Sexual Uncertainty: The Role of Involvement and Gender," *Communication Monographs* 77 (2010): 357–75, <https://doi.org/10.1080/03637751.2010.498791>.
A. J. Bridges et al., "Aggression and Sexual Behavior in Best-selling Pornography Videos: A Content Analysis Update," *Violence against Women* 16 (2010): 1065–85.
3. Meagan Tyler, "Now, That's Pornography!," in *Everyday Pornography*, ed. Karen Boyle (New York: Routledge, 2010).
4. S. Gorman, E. Monk-Turner, J. Fish, "Free Adult Internet Websites: How Prevalent Are Degrading Acts?," *Gender Issues* 27, no. 3 (2010): 131–45.
5. Meagan Tyler, "Now, That's Pornography!," in *Everyday Pornography*, ed. Karen Boyle (New York: Routledge, 2010).
6. R. C. Seabrook, L. M. Ward, and S. Giaccardi, "Less than Human? Media Use, Objectification of Women, and Men's Acceptance of Sexual

- Aggression,” *Psychology of Violence* 9, no. 5 (2019): 536–45, <http://dx.doi.org/10.1037/vio0000198>.
7. Niki Fritz et al., “A Descriptive Analysis of the Types, Targets, and Relative Frequency of Aggression in Mainstream Pornography,” *Archives of Sexual Behavior* 49 (2020): <https://doi.org/10.1007/s10508-020-01773-0>.
 8. Ibid.
 9. Robert Jensen, (2007). *Getting Off: Pornography and the End of Masculinity* (Cambridge, MA: South End Press, 2007): 111.
 10. Robert Jensen (personal communication, July 20, 2015).
 11. Walter S. DeKeseredy and Marilyn Corsianos, *Violence against Women in Pornography* (New York: Routledge, 2016).
 12. Debby Herbenick et al., “Diverse Sexual Behaviors and Pornography Use: Findings from a Nationally Representative Probability Survey of Americans Aged 18 to 60 Years,” *The Journal of Sexual Medicine* 17, no. 4 (2020): 623. <https://doi.org/10.1016/j.jsxm.2020.01.013>.
 13. Ingrid Solano, Nicholas R. Eaton, and K. Daniel O’Leary, “Pornography Consumption, Modality and Function in a Large Internet Sample,” *The Journal of Sex Research* 57, no. 1 (2020): 92–103, <https://doi.org/10.1080/00224499.2018.1532488>.
 14. Lin Wen-Hsu, Liu Cia-Hua, and Yi Chin-Chun, “Exposure to Sexually Explicit Media in Early Adolescence Is Related to Risky Sexual Behavior in Emerging Adulthood,” *PLoS ONE* 15, no. 4 (2020): e0230242. <https://doi.org/10.1371/journal.pone.0230242>.
 15. Debby Herbenick et al., “Diverse Sexual Behaviors and Pornography Use: Findings from a Nationally Representative Probability Survey of Americans Aged 18 to 60 Years,” *The Journal of Sexual Medicine* 17, no. 4 (2020): 623–33, <https://doi.org/10.1016/j.jsxm.2020.01.013>.
 16. Ibid.
 17. Gemma Mestre-Bach, Gretchen R. Blycker, and Marc N. Potenza, “Pornography Use in the Setting of the COVID-19 Pandemic,” *Journal of Behavioral Addictions* 9, no. 2 (2020): 181–83, <https://doi.org/10.1556/2006.2020.00015>.
 18. “The 2019 Year in Review,” Pornhub, December 11, 2019.
 19. James McTavish, “Internet Pornography: Some Medical and Spiritual Perspectives,” *The Linacre Quarterly* 87, no. 4 (2020): 451–63, <https://doi.org/10.1177/0024363920933114>.

20. Mary B. Short et al., "A Review of Internet Pornography Use Research: Methodology and Content from the Past 10 Years," *Cyberpsychology, Behavior, and Social Networking* 15, no. 1 (2012): 13–23, <https://doi.org/10.1089/cyber.2010.0477>.
21. Aline Wéry and Joel Billieux, "Online Sexual Activities: An Exploratory Study of Problematic and Non-Problematic Usage Patterns in a Sample of Men," *Computers in Human Behavior* 56 (2016): 257–66, <https://doi.org/10.1016/j.chb.2015.11.046>.
22. Jerry Ropelato, "Internet Pornography Statistics," TopTenReviews.com, 2010, <http://Internet-filter-review.toptenreviews.com/Internet-pornography-statistics.html>.
23. Walter S. DeKeseredy and Marilyn Corsianos, *Violence against Women in Pornography* (New York: Routledge, 2016).
24. Jerry Ropelato, "Internet Pornography Statistics," TopTenReviews.com, 2010, accessed November 5, 2015, <http://Internet-filter-review.toptenreviews.com/Internet-pornography-statistics.html>.
25. Tom Hymes, "Time Warner Cable: Free Porn Is Hurting Our Bottom Line," XBIZ, July 29, 2011.
26. Philip J. Hilt, "Tobacco Chiefs Say Cigarettes Aren't Addictive," *The New York Times*, April 15, 1994, retrieved December 10, 2015, <http://www.nytimes.com/1994/04/15/us/tobacco-chiefs-say-cigarettes-arent-addictive.html>.
27. Feona Atwood and Clarissa Smith, "Porn Studies: An Introduction," *Porn Studies* 1, no. 1–2 (2014): 1–6, <https://doi.org/10.1080/23268743.2014.887308>.
28. Neil M. Malamuth, Tamara Addison, and Mary Koss, "Pornography and Sexual Aggression: Are There Reliable Effects and Can We Understand Them?," *Annual Review of Sex Research* 11, no. 1 (2000): 26–91, <https://doi.org/10.1080/10532528.2000.10559784>.
Jochen Peter and Patti M. Valkenburg, "Adolescents and Pornography: A Review of 20 Years of Research," *The Journal of Sex Research* 53, no. 4–5 (2016): 509–31, <https://doi.org/10.1080/00224499.2016.1143441>.
29. Paul J. Wright, "A Three-Wave Longitudinal Analysis of Preexisting Beliefs, Exposure to Pornography, and Attitude Change," *Communication Reports* 26, no. 1 (2013): 13–25, <https://doi.org/10.1080/08934215.2013.773053>.

30. Pamela Paul, "From Pornography to Porno to Porn: How Porn Became the Norm," in *The Social Costs of Pornography: A Collection of Papers*, ed. James R. Stoner and Donna M. Hughes (Princeton, NJ: Witherspoon Institute, 2010), 3–21.
31. Michael Kimmel, *Guyland: The Perilous World Where Boys Become Men* (New York: Harper, 2008), 173.
32. Ibid.
33. Mary Anne Layden, "Pornography and Violence," in *The Social Costs of Pornography: A Collection of Papers*, ed. James R. Stoner and Donna M. Hughes (Princeton, NJ: Witherspoon Institute, 2010), 57–69.
34. Michael Lastoria, *Sexuality, Religiosity, Behaviors, Attitudes: A Look at Religiosity, Sexual Attitudes and Sexual Behaviors of Christian College Students; A Survey Study* (Houghton, NY: ACSD, Houghton College, 2011).

Chapter 2: Porn and the Brain

1. William M. Struthers, "The Effects of Porn on the Male Brain," *Christian Research Journal* 34, no. 5 (2011), 10.
2. Mary Anne Layden, *The Social Costs of Pornography: A Statement of Findings and Recommendations* (Princeton, NJ: Witherspoon Institute, 2010).
3. Nick Haslam and Steve Loughnan, "Dehumanization and Infrahumanization," *Annual Review of Psychology* 65 (2014): 399–423, <https://doi.org/10.1146/annurev-psych-010213-115045>.
4. Valerie Voon et al., "Neural Correlates of Sexual Cue Reactivity in Individuals with and without Compulsive Sexual Behaviors," *PLoS ONE* 9, no. 7 (2014): e102419, <https://doi.org/10.1371/journal.pone.0102419>.
5. Gary Wilson, *Your Brain on Porn: Internet Pornography and the Emerging Science of Addiction* (London: Commonwealth Publishing, 2014), 68.
6. Paula Banca et al., "Novelty, Conditioning and Attentional Bias to Sexual Rewards," *Journal of Psychiatric Research* 72, no. 11 (2016): 91–101, <https://doi.org/10.1016/j.jpsychires.2015.10.017>.
7. N. Daigle, "Acquiring Tastes and Loves," in *The Social Costs of Pornography: A Collection of Papers*, ed. James R. Stoner and Donna M. Hughes (Princeton, NJ: Witherspoon Institute, 2010), 21–57.
8. Gary Wilson, *Your Brain on Porn: Internet Pornography and the Emerging Science of Addiction* (London: Commonwealth Publishing, 2014).
9. Ibid.

10. Ibid.
11. Ana J. Bridges, "Methodological Considerations in Mapping Pornography Content," in *Everyday Pornography*, ed. Karen Boyle (New York: Routledge, 2010), 48.
12. William M. Struthers, *Wired for Intimacy: How Pornography Hijacks the Male Brain* (Wheaton, IL: InterVarsity Press, 2009).
13. Gary Wilson, *Your Brain on Porn: Internet Pornography and the Emerging Science of Addiction* (London, Commonwealth Publishing, 2014).
14. Valerie Voon et al., "Neural Correlates of Sexual Cue Reactivity in Individuals with and without Compulsive Sexual Behaviors," *PLoS ONE* 9, no. 7 (2014): e102419, <https://doi.org/10.1371/journal.pone.0102419>.
15. Ibid.
16. Beáta Bóthe et al., "Are Sexual Functional Problems Associated with Frequent Pornography Use And/or Problematic Pornography Use? Results from a Large Community Survey Including Males and Females," *Addictive Behaviors* 112 (2021): <https://doi.org/10.1016/j.addbeh.2020.106603>.
17. Hamdija Begovic, "Pornography Induced Erectile Dysfunction among Young Men," *Dignity: A Journal on Sexual Exploitation and Violence* 4, no. 1 (2019): <https://doi.org/10.23860/dignity.2019.04.01.05>.
18. Anaïs Mialon et al., "Sexual Dysfunctions among Young Men: Prevalence and Associated Factors," *Journal of Adolescent Health* 51, no. 1 (2012): 25–31, <https://doi.org/10.1016/j.jadohealth.2012.01.008>.
19. Paolo Capogrosso et al., "One Patient Out of Four with Newly Diagnosed Erectile Dysfunction Is a Young Man—Worrisome Picture from the Everyday Clinical Practice," *Journal of Sexual Medicine* 10, no. 7 (2013): 1833–41, <https://doi.org/10.1111/jsm.12179>.
20. Damiano Pizzol, Alessandro Bertoldo, and Carlo Foresta, "Adolescents and Web Porn: A New Era of Sexuality," *International Journal of Adolescent Medical Health* 28, no. 2 (2016): 169–73, <https://doi.org/10.1515/ijamh-2015-0003>.
21. Gary Wilson, *Your Brain on Porn: Internet Pornography and the Emerging Science of Addiction* (London: Commonwealth Publishing, 2014), 20.
22. William M. Struthers, "The Effects Porn on the Male Brain," *Christian Research Journal* 34, no. 5 (2011), 10.
23. Gary Wilson, *Your Brain on Porn: Internet Pornography and The Emerging Science of Addiction* (London: Commonwealth Publishing, 2014).

24. Mateusz Gola et al., “Can Pornography be Addictive? An fMRI Study of Men Seeking Treatment for Problematic Pornography Use,” *Neuropsychopharmacology* 42, no. 10 (2017): 2021–31, <https://doi.org/10.1038/npp.2017.78>.
25. M. Brand, “Theories, Prevention, and Treatment of Pornography-Use Disorder,” *Suchttherapie* 20, no. 1 (2019): 1, <https://doi.org/https://doi.org/10.1055/s-0039-1696187>.
26. Avinash De Sousa and Pragya Lodha, “Neurobiology of Pornography Addiction—A Clinical Review,” *Telegana Journal of Psychiatry* 3, no. 2 (2017): 66–70, <https://doi.org/10.18231/2455-8559.2017.0016>.
27. Ibid.
28. Ibid.
29. Pukovisa Prawirohoarjo et al., “Impaired Recent Verbal Memory in Pornography-Addicted Juvenile Subjects,” *Neurology Research International* 2019 (2019): 1, <https://doi.org/10.1144/2019/2461638>.
30. Sesen Negash et al., “Trading Later Rewards for Current Pleasure: Pornography Consumption and Delay Discounting,” *Journal of Sex Research* 53, no. 6 (2016): 689–700, <https://doi.org/10.1080/00224499.2015.1025123>.
31. David Ley, Nicole Prause, and Peter Finn, “The Emperor Has No Clothes: A Review of the ‘Pornography Addiction’ Model,” *Current Sexual Health Reports* 6, no. 2 (2014): 94–105, <https://doi.org/10.1007/s11930-014-0016-8>.
32. Bonnie Phillips, Raju Hajela, and Donald L. Hilton Jr., “Sex Addiction as a Disease: Evidence for Assessment, Diagnosis, and Response to Critics,” *Sexual Addiction & Compulsivity* 22, no. 2 (2015): 167–92, <https://doi.org/10.1080/10720162.2015.1036184>.
Donald L. Hilton Jr., “Pornography Addiction—A Supranormal Stimulus Considered in the Context of Neuroplasticity,” *Socioaffective Neuroscience & Psychology* 3, no. 1 (2013): 1, <https://doi.org/10.3402/snp.v30.20767>.
33. Christian Laier and Matthias Brand, “Empirical Evidence and Theoretical Considerations on Factors Contributing to Cybersex Addiction from a Cognitive-Behavioral View,” *Sexual Addiction & Compulsivity* 21, no. 4 (2014): 305–21, <https://doi.org/10.1080/10720162.2014.970722>.
34. Donald L. Hilton Jr., “‘High Desire,’ or ‘Merely’ an Addiction? A Response to Steele et al.,” *Socioaffective Neuroscience & Psychology* 4, no. 1 (2014): 1, <https://doi.org/http://dx.doi.org/10.3402/snp.v4.23833>.

35. Valerie Voon et al., “Neural Correlates of Sexual Cue Reactivity in Individuals with and without Compulsive Sexual Behaviors,” *PLoS ONE* 9, no. 7 (2014): 1–10, <https://doi.org/10.1371/journal.pone.0102419>.
36. Christian Laier, Frank P. Schulte, and Matthias Brand, “Pornographic Picture Processing Interferes with Working Memory Performance,” *Journal of Sex Research* 50, no. 7 (2013): 642–52, <https://doi.org/10.1080/00224499.2012.716873>.
37. Simone Kühn and Jürgen Gallinat, “Brain Structure and Functional Connectivity Associated with Pornography Consumption: The Brain on Porn,” *JAMA Psychiatry* 71, no. 7 (2014): 827–34, <https://doi.org/10.1001/jamapsychiatry.2014.93>.
38. Mary Anne Layden, *The Social Costs of Pornography: A Statement of Findings and Recommendations* (Princeton, NJ: Witherspoon Institute, 2010).

Chapter 3: The Link Between Pornography and Sexual Violence

1. “Pornography Addiction Survey” (conducted by Barna Group), Provenmen.org, 2014, www.provenmen.org/2014pornsurvey/pornography-use-and-addiction.
Kevin M. Swartout et al., “Trajectory Analysis of the Campus Serial Rapist Assumption,” *Journal of the American Medical Association: Pediatrics* 169, no. 12 (2015): 1148–54, <https://doi.org/10.1001/jamapediatrics.2015.0707>.
2. Neil M. Malamuth, Tamara Addison, and Mary Koss, “Pornography and Sexual Aggression: Are There Reliable Effects and Can We Understand Them?” *Annual Review of Sex Research* 11, no. 1 (2000): 26–91, <https://doi.org/10.1080/10532528.2000.10559784>.
Jochen Peter and Patti M. Valkenburg, “Adolescents and Pornography: A Review of 20 Years of Research,” *The Journal of Sex Research* 53, no. 4–5 (2016): 509–31, <https://doi.org/10.1080/00224499.2016.1143441>.
3. Drew A. Kingston et al., “The Importance of Individual Differences in Pornography Use: Theoretical Perspectives and Implications for Treating Sexual Offenders,” *Journal of Sex Research* 46, no. 2–3 (2009): 216–32, <https://doi.org/10.1080/00224490902747701>.
4. Neil M. Malamuth, “Rape Fantasies as a Function of Exposure to Violent Sexual Stimuli,” *Archives of Sexual Behavior* 10, no. 1 (1981): 33–47, <https://doi.org/10.1007/BF01542673>.

5. Chyng Sun, Matthew B. Ezzell, and Olivia Kendall, "Naked Aggression: The Meaning and Practice of Ejaculating on a Woman's Face," *Violence against Women* 23, no. 14 (2016): 1710–29, <https://doi.org/10.1177/1077801216666723>.
6. Jodie L. Baer, Taylor Kohut, and William A. Fisher, "Is Pornography Use Associated with Anti-Woman Sexual Aggression? Re-Examining the Confluence Model with Third Variable Considerations," *The Canadian Journal of Human Sexuality* 24, no. 2 (2015): 160–73, <https://doi.org/10.3138/cjhs.242-A6>.
7. Johanna van Oosten, Peter Jochen, and Laura Vandenbosch, "Adolescents' Sexual Media Use and Willingness to Engage in Casual Sex: Differential Relations and Underlying Processes," *Human Communication Research* 43, no. 1 (2017): 127–47, <https://doi.org/10.1111/hcre.12098>.
8. Ana J. Bridges, "Pornography and Sexual Assault," in *Handbook of Sexual Assault and Sexual Assault Prevention*, ed. William T. O'Donohue and Paul A. Schewe (Cham, Switzerland: Springer, 2019), 129–49.
9. Neil M. Malamuth, "Adding Fuel to the Fire? Does Exposure to Non-Consenting Adult or to Child Pornography Increase Risk of Sexual Aggression?" *Aggression and Violent Behavior* 41 (2018): 74–89, <https://doi.org/10.1016/j.avb.2018.02.013>.
10. Mónica Romero-Sánchez et al., "More than a Magazine: Exploring the Links Between Lads' Mags, Rape Myth Acceptance, and Rape Proclivity," *Journal of Interpersonal Violence* 32, no. 4 (2015): 515–34, <https://doi.org/10.1177/0886260515586366>.
11. Nicky Stanley et al., "Pornography, Sexual Coercion and Abuse and Sexting in Young People's Intimate Relationships: A European Study," *Journal of Interpersonal Violence* 33, no. 19 (2018): 2919–44, <https://doi.org/10.1177/0886260516633204>.
12. Kyriaki Alexandraki et al., "Adolescent Pornography Use: A Systematic Literature Review of Research Trends 2000–2017," *Current Psychiatry Reviews* 14, no. 47 (2018): 47–58, <https://doi.org/10.2174/2211556007666180606073617>.
13. Brooke de Heer, Sarah Prior, and Jenna Fejervary, "Women's Pornography Consumption, Alcohol Use, and Sexual Victimization," *Violence against Women* 27, no. 10 (2020): 1678–95, <https://doi.org/10.1177/1077801220945035>.

14. Walter S. DeKeseredy and Marilyn Corsianos, *Violence against Women in Pornography* (New York: Routledge, 2016).
15. Mary Anne Layden, "Pornography and Violence: A New Look at the Research," in *The Social Costs of Pornography: A Collection of Papers*, ed. James R. Stoner and Donna M. Hughes (Princeton, NJ: Witherspoon Institute, 2010), 57–68.
16. Walter S. DeKeseredy, "Pornography and Violence against Women," in *The Wiley Handbook on the Psychology of Violence*, 1st ed., ed. Carlos A. Cuevas and Callie Marie Rennison (Hoboken, NJ: John Wiley & Sons, 2016), 501–16.
Walter S. DeKeseredy and Martin D. Schwartz, *Male Peer Support and Violence against Women: The History and Verification of a Theory* (Boston, MA: Northeastern University Press, 2013).
17. Martie P. Thompson et al., "Time-Varying Risk Factors and Sexual Aggression Perpetration Among Male College Students," *Journal of Adolescent Health* 57, no. 6 (2015): 637–42, <https://doi.org/10.1016/j.jadohealth.2015.08.015>.
18. R. Whisnant, (personal communication, August 3, 2015).
19. Neil M. Malamuth, Gert M. Hald, and Mary Koss, "Pornography, Individual Differences in Risk and Men's Acceptance of Violence against Women in a Representative Sample," *Sex Roles* 66, no. 7–8 (2012): 427–39, <https://doi.org/10.1007/s11199-011-0082-6>.
20. Anthony F. Bogaert, "Personality, Individual Differences, and Preferences for the Sexual Media," *Archives of Sex Behavior* 30, no. 1 (2001): 29–53, <https://doi.org/10.1023/a:1026416723291>.
21. Neil M. Malamuth, Tamara Addison, and Mary Koss, "Pornography and Sexual Aggression: Are There Reliable Effects and Can We Understand Them?" *Annual Review of Sex Research* 11, no. 1 (2000): 26–91, <https://doi.org/10.1080/10532528.2000.10559784>.
22. Gert M. Hald and Neil M. Malamuth, "Experimental Effects of Exposure to Pornography: The Moderating Effect of Personality and Mediating Effect of Sexual Arousal," *Archives of Sexual Behavior* 44, no. 1 (2015): 99–109, <https://doi.org/10.1007/s10508-014-0291-5>.
23. Paul J. Wright et al., "Pornography, Alcohol, and Male Sexual Dominance," *Communication Monographs* 82, no. 2 (2015): 252–70, <https://doi.org/10.1080/03637751.2014.981558>.

24. Paul J. Wright, Robert S. Tokunaga, and Ashley Kraus, "A Meta-Analysis of Pornography Consumption and Actual Acts of Sexual Aggression in General Population Studies," *Journal of Communication* 66, no. 1 (2015): 183–205, <https://doi.org/10.1111/jcom.12201>.
25. Max Waltman, "The Politics of Legal Challenges to Pornography: Canada, Sweden, and the United States" (PhD diss., Stockholm University, 2014).
26. Walter S. DeKeseredy, "Pornography and Violence against Women," in *The Wiley Handbook on the Psychology of Violence*, 1st ed., ed. Carlos A. Cuevas and Callie Marie Rennison (Hoboken, NJ: John Wiley & Sons, 2016), 501–16.
27. Victor Malerek, *The Johns: Sex for Sale and the Men Who Buy It* (New York: Arcade Publishing, 2011), 193.

Chapter 4: How the Porn Use of Others May Affect You

1. Ana J. Bridges, "Pornography's Effects on Interpersonal Relationships," in *The Social Costs of Pornography: A Collection of Papers*, ed. James R. Stoner and Donna M. Hughes (Princeton, NJ: Witherspoon Institute, 2010), 89–110.
2. R. Whisnant, (personal communication, August 3, 2015).
3. Ana J. Bridges, "Pornography's Effects on Interpersonal Relationships," in *The Social Costs of Pornography: A Collection of Papers*, ed. James R. Stoner and Donna M. Hughes (Princeton, NJ: Witherspoon Institute, 2010), 89–110.
4. Nathaniel M. Lambert et al., "A Love that Doesn't Last: Pornography Consumption and Weakened Commitment to One's Romantic Partner," *Journal of Social & Clinical Psychology* 31, no. 4 (2012): 410–38, <https://doi.org/10.1521/jscp.2012.31.4.410>.
5. Frank O. Poulsen, Dean M. Busby, and Adam M. Galovan, "Pornography Use: Who Uses It and How It Is Associated with Couple Outcomes," *Journal of Sex Research* 50, no. 1 (2013): 72–83, <https://doi.org/10.1080/00224499.2011.648027>.
6. Paul J. Wright and Ashley K. Randall, "Internet Pornography Exposure and Risky Sexual Behavior Among Adult Males in the United States," *Computers in Human Behavior* 28, no. 4 (2012): 1410–16, <https://doi.org/10.1016/j.chb.2012.03.003>.

7. Paul J. Wright and Robert S. Tokunaga, "Men's Objectifying Media Consumption, Objectification of Women, and Attitudes Supportive of Violence Against Women," *Archives of Sexual Behavior* 45, no. 4 (2016): 955–64, <https://doi.org/10.1007/s10508-015-0644-8>.
8. Samuel L. Perry and Joshua T. Davis, "Are Pornography Users More Likely to Experience a Romantic Breakup? Evidence from Longitudinal Data," *Sexuality & Culture* 21 (2017): 1157–76, <https://doi.org/10.1007/s12119-017-9444-8>.
9. Paul J. Wright and Robert S. Tokunaga, "Women's Perceptions of Their Male Partners' Pornography Consumption and Relational, Sexual, Self, and Body Satisfaction: Toward a Theoretical Model," *Annals of the International Communication Association* 42, no. 1 (2018): 55–73, <https://doi.org/10.1080/23808985.2017.1412802>.
10. Malvina N. Skorska, Gordon Hodson, and Mark R. Hoffarth, "Experimental Effects of Degrading Versus Erotic Pornography Exposure in Men on Reactions toward Women (Objectification, Sexism, Discrimination)," *The Canadian Journal of Human Sexuality* 27, no. 3 (2018): 261–76, <https://doi.org/10.3138/cjhs.2018-0001>.
11. Tracy L. Tylka and Rachel M. Calogero, "Perceptions of Male Partner Pressure to Be Thin and Pornography Use: Associations with Eating Disorder Symptomatology in a Community Sample of Adult Women," *International Journal of Eating Disorders* 52, no. 2 (2019): 189–94, <https://doi.org/10.1002/eat.22991>.
12. Samuel L. Perry and Kyle C. Longest, "Does Pornography Use Reduce Marriage Entry During Early Adulthood? Findings from A Panel Study of Young Americans," *Sexuality & Culture* 23 (2019): 394–414, <https://doi.org/10.31235/osf.io/xry3z>.
13. Samuel L. Perry, "Pornography and Relationship Quality: Establishing the Dominant Pattern by Examining Pornography Use and 31 Measures of Relationship Quality in 30 National Surveys," *Archives of Sexual Behavior* 49 (2020): 1199–1213, <https://doi.org/10.1007/s10508-019-01616-7>.
14. Ibid.
15. Samuel L. Perry, "From Bad to Worse? Pornography Consumption, Spousal Religiosity, Gender, and Marital Quality," *Sociological Forum* 31, no. 2 (2016): 441–64, <https://doi.org/10.1111/socf.12252>.
Samuel L. Perry, "Pornography and Relationship Quality: Establishing the Dominant Pattern by Examining Pornography Use and 31 Measures of

- Relationship Quality in 30 National Surveys,” *Archives of Sexual Behavior* 49 (2020): 1199–1213, <https://doi.org/10.1007/s10508-019-01616-7>.
16. John D. Foubert, Matthew W. Brosi, and R. S. Bannon, “Pornography Viewing among Fraternity Men: Effects on Bystander Intervention, Rape Myth Acceptance and Behavioral Intent to Commit Sexual Assault,” *Journal of Sex Addiction and Compulsivity* 18, no. 4 (2011): 212–31, <https://doi.org/10.1080/10720162.2011.625552>.
Matthew W. Brosi et al., “Effects of Women’s Pornography Use on Bystander Intervention in a Sexual Assault Situation and Rape Myth Acceptance,” *Oracle: The Research Journal of the Association of Fraternity/Sorority Advisors* 6, no. 2 (2011): 26–35, <https://doi.org/10.25774/60dk-dg51>.
 17. John D. Foubert and Ana J. Bridges, “What Is the Attraction? Pornography Use Motives in Relation to Bystander Intervention,” *Journal of Interpersonal Violence* 32, no. 20 (2017): 3071–89, <https://doi.org/10.1177/0886260515596538>.
 18. Al Cooper, David L. Delmonico, and Ron Burg, “Cybersex Users, Abusers, and Compulsives: New Findings and Implications,” *Sexual Addiction & Compulsivity* 7, no. 1 (2000): 5–29, <https://doi.org/10.1080/10720160008400205>.
 19. Niki Fritz et al., “Worse Than Objects: The Depiction of Black Women and Men and Their Sexual Relationship in Pornography,” *Gender Issues* 38 (2020): 100–20, <https://doi.org/10.1007/s12147-020-09255-2>.
 20. Ibid.
 21. Ibid.
 22. Zhou Yanyan and Paul Bryant, “Lotus Blossom or Dragon Lady: A Content Analysis of ‘Asian Women’ Online Pornography,” *Sexuality & Culture* 20, no. 4 (2016): 1083–1100, <https://doi.org/10.1007/s12119-016-9375-9>.

Chapter 5: Women and Girls’ Use of Pornography

1. Mary Eberstadt and Mary Anne Layden, *The Social Costs of Pornography: A Statement of Findings and Recommendations*. (Princeton, NJ: The Witherspoon Institute, 2010).
2. Rebecca Whisnant, “From Jekyll to Hyde,” in *Everyday Pornography*, ed. Karen Boyle (New York: Routledge, 2010).
3. Megan K. Maas and Shannamar Dewey, “Internet Pornography Use Among Collegiate Women: Gender Attitudes, Body Monitoring,

- and Sexual Behavior,” *SAGE Open* (2018), <https://doi.org/10.1177/2158244018786640>.
4. Abigail Hughes, Gayle Brewer, and Roxanne Khan, “Sexual Coercion by Women: The Influence of Pornography and Narcissistic and Histrionic Personality Disorder Traits,” *Archives of Sexual Behavior* 49 (2020): 885–94, <https://doi.org/10.1007/s10508-019-01538-4>.
 5. Gert Martin Hald, “Gender Differences in Pornography Consumption among Young Danish Adults,” *Archives of Sexual Behavior* 35, no. 5 (2006): 577–85, <https://doi.org/10.1007/s10508-006-9064-0>.
Jennifer L. Petersen and Janet Shibley Hyde, “Gender Differences in Sexual Attitudes and Behaviors: A Review of Meta-Analytic Results and Large Datasets,” *Journal of Sex Research* 48 (2/3) (2011): 149–65, <https://doi.org/10.1080/00224499.2011.551851>.
Gert Martin Hald and Aleksandar Štulhofer, “What Types of Pornography Do People Use and Do They Cluster? Assessing Types and Categories of Pornography Consumption in a Large-Scale Online Sample,” *The Journal of Sex Research* (2015): <https://doi.org/10.1080/00224499.2015.1065953>.
 6. Gert Martin Hald, “Gender Differences in Pornography Consumption among Young Heterosexual Danish Adults.”
 7. Jason Carroll, et al., “Generation XXX: Pornography Acceptance and Use Among Emerging Adults,” *Journal of Adolescent Research* 23 (2008): 6–30, <https://doi.org/10.1177/0743558407306348>.
 8. Paul J. Wright, Soyoung Bae, Michele Funk, “United States Women and Pornography through Four Decades: Exposure, Attitudes, Behaviors, Individual Differences,” *Archives of Sexual Behavior* 42, no. 7 (2013): 1131–4, <https://doi.org/10.1007/s10508-013-0116-y>.
 9. Chyng Sun, et al., “Pornography and the Male Sexual Script: An Analysis of Consumption and Sexual Relations,” *Archives of Sexual Behavior* (2014): 1–12, <https://doi.org/10.1007/s10508-014-0391-2>.
 10. Jason Carroll et al., “Generation XXX.”
 11. R. Whisnant (personal communication, August 3, 2015).
 12. Bryant Paul, “Predicting Internet Pornography Use and Arousal: The role of Individual Difference Variables,” *Journal of Sex Research* 46, no. 4 (2009): 344–57, <https://doi.org/10.1080/00224490902754152>.
 13. John D. Foubert and Ana J. Bridges, “What Is the Attraction? Pornography Use Motives in Relation to Bystander Intervention,” *Journal*

of *Interpersonal Violence* 32, no. 20 (2017): 3071–89, <https://doi.org/10.1177/0886260515596538>.

Chapter 6: Impact on Teens and Tweens

1. Chyng Sun, et al., “Pornography and the Male Sexual Script: An Analysis of Consumption and Sexual Relations,” *Archives of Sexual Behavior* (2014): 1–12, <https://doi.org/10.1007/s10508-014-0391-2>.
2. Chiara Sabina, Janis Wolak, David Finkelhor, “The Nature and Dynamics of Internet Pornography Exposure for Youth,” *CyberPsychology & Behavior* 11, no. 6 (2008): 691–93, <https://doi.org/10.1089/cpb.2007.0179>.
3. Wen-Hsu Lin, Chia-Hua Liu, Chin-Chun Yi, “Exposure to Sexually Explicit Media in Early Adolescence is Related to Risky Sexual Behavior in Emerging Adulthood,” *PLoS ONE* 15, no. 4: e0230242 (2020): <https://doi.org/10.1371/journal.pone.0230242>.
4. Johanna M. F. van Oosten, Jochen Peter, Laura Vandenbosch, “Adolescents’ Sexual Media Use and Willingness to Engage in Casual Sex: Differential Relations and Underlying Processes,” *Human Communication Research* 43, no. 1 (2017): 127–47.
5. Debby Herbenick, et al., “Diverse Sexual Behaviors and Pornography Use: Findings from a Nationally Representative Probability Survey of American’s Aged 18 to 60 years,” *The Journal of Sexual Medicine* 17, no. 4 (2020): 623–33, <https://doi.org/10.1016/j.jsxm.2020.01.013>.
6. Whitney L. Rostad, et al., “The Association between Exposure to Violent Pornography and Teen Dating Violence in Grade 10 Highschool Students,” *Archives of Sexual Behavior* 48, no. 7 (2019): 2137–47, <https://doi.org/10.1007/s10508-019-1435-4>.
7. Kyler Rasmussen and Alex Bierman, “How Does Religious Attendance Shape Trajectories of Pornography use Across Adolescence?,” *Journal of Adolescence* 49 (2016): 191–203.
8. William M. Struthers, *Wired for Intimacy: How Pornography Hijacks the Male Brain* (Wheaton, IL: InterVarsity Press, 2009).
9. Kevin B. Skinner, *Treating Pornography Addiction: The Essential Tools for Recovery* (Provo, UT: GrowthClimate, Inc., 2005).
10. Jane D. Brown and Kelly L. L’Engle, “X-rated: Sexual Attitudes and Behaviors Associated with U.S. Early Adolescents’ Exposure to Sexually Explicit Media,” *Communication Research* 36, no. 1 (2009): 129–51, <https://doi.org/10.1177/0093650208326465>

11. Victoria Rideout, "Generation Rx.com: How Young People Use the Internet for Health Information," Henry J. Kaiser Family Foundation, Menlo Park, CA, 2001, <https://www.kff.org/wp-content/uploads/2001/11/3202-genrx-report.pdf>.
12. Gail Dines, *Pornland: How Porn Has Hijacked Our Sexuality* (Boston: Beacon Press, 2011).
13. Damiano Pizzol, Alessandro Bertoldo, Carlo Foresta, "Adolescents and Web Porn: A New Era of Sexuality," *International Journal of Adolescent Medicine and Health* (2015): <https://doi.org/10.1515/ijamh-2015-0003>.
14. Scott M. Butler, et al., "Pubic Hair Preferences, Reasons for Removal, and Associated Genital Symptoms: Comparisons Between Men and Women," *The Journal of Sexual Medicine* 12, no. 1 (2015): 48–58.
15. Lotta Lofgren-Mårtenson and Sven-Axel Månsson, "Lust, Love, and Life: A Qualitative Study of Swedish Adolescents' Perceptions and Experiences with Pornography," *Journal of Sex Research* 47, no. 6 (2010): 568–79, <https://doi.org/10.1080/00224490903151374>.
16. Jennings Bryant and Dan Brown, "Uses of Pornography," in *Pornography: Research Advances and Policy Considerations*, eds. Dolf Zillmann and Jennings Bryant (Mahwah, NJ: Lawrence Erlbaum, 1989), 25–55.
17. Mary B. Short, et al., "A Review of Internet Pornography use Research: Methodology and Content from the Past 10 Years," *Cyberpsychology, Behavior, and Social Networking* 15, no. 1 (2012): 13–23, <https://doi.org/10.1089/cyber.2010.0477>.
18. *Sexually Transmitted Disease Surveillance 2011*, Division of STD Prevention (Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2012), <https://www.cdc.gov/std/stats/archive/Surv2011.pdf>.
19. Paul J. Wright and Laurens Vangeel, "Pornography, Permissiveness, and Sex Differences: An Evaluation of Social Learning and Evolutionary Explanations." *Personality and Individual Differences* 143 (2019): 128–38, <https://doi.org/10.1016/j.jpaid.2019.02.019>.
20. Niccolò Principi et al., "Consumption of Sexually Explicit Internet Material and its Effects on Minors' Health: Latest Evidence from the Literature," *Minerva Pediatrics* (2019): <https://doi.org/10.23736/S0026-4946.19.05367-2>.
21. Lucia F. O'Sullivan et al., "Prevalence and Characteristics of Sexual Functioning Among Sexually Experienced Middle to Late Adolescents,"

- Journal of Sexual Medicine* 11 (2014): 630–41, <https://doi.org/10.1111/jsm.12419>.
22. Paul J. Wright, Debby Herbenick, Bryant Paul, “Adolescent Condom Use, Parent-Adolescent Sexual Health Communication, and Pornography: Findings from a U.S. Probability Sample,” *Health Communication*, 35 no. 13 (2020), 1576–82, <https://doi.org/10.1080/10410236.2019.1652392>.
 23. Michele L. Ybarra and Kimberly J. Mitchell, “Exposure to Internet Pornography Among Children and Adolescents: A National Survey,” *Cyberpsychology and Behavior* 8 (2005): 473–86, <https://doi.org/10.1089/cpb.2005.8.473>.
 24. Michele L Ybarra et al., “X-rated Material and Perpetration of Sexually Aggressive Behavior among Children and Adolescents: Is There a Link?,” *Aggressive Behavior* 37 (2011): 1–18, <https://doi.org/10.1002/ab.20367>.
 25. Eileen M. Alexy, Ann W Burgess, and Robert A. Prentky, “Pornography Use as a Risk Marker for an Aggressive Pattern of Behavior Among Sexually Reactive Children and Adolescents,” *Journal of the American Psychiatric Nurses Association* 42 (2009): 442–53.
 26. Jennifer A. Brown and Jonathan J. Wisco, “The Components of the Adolescent Brain and its Unique Sensitivity to Sexually Explicit Material,” *Journal of Adolescence* 72 (2019): 10–13.
 27. Whitney L. Rostad et al., “The Association between Exposure to Violent Pornography and Teen Dating Violence in Grade 10 High School Students,” *Archives of Sexual Behavior* 48 (2019): 2137–2147, <https://doi.org/10.1007/s10508-019-1435-4>.
 28. Ibid.
 29. Michele L. Ybarra and Richard E. Thompson, “Predicting the Emergence of Sexual Violence in Adolescence,” *Prevention Science: The Official Journal of the Society for Prevention Research* 19 (2017): 403–415, <https://doi.org/10.1007/s11121-017-0810-4>.
 30. Kyriaki Alexandraki et al., “Adolescent Pornography Use: A Systematic Literature Review of Research Trends 2000–2017,” *Current Psychiatry Reviews* 14, no. 1 (2018): 47–58, <https://doi.org/10.2174/2211556007666180606073617>.
 31. Jochen Peter and Patti Valkenburg, “Adolescents and Pornography: A Review of 20 Years of Research,” *The Journal of Sex Research* 53 (4–5) (2016): 509–31, <https://doi.org/10.1080/00224499.2016.1143441>

- Michele L. Ybarra and Richard E. Thompson, "Predicting the Emergence of Sexual Violence in Adolescence."
32. Debra K. Braun-Courville and Mary Rojas, "Exposure to Sexually Explicit Web Sites and Adolescent Sexual Attitudes and Behaviors," *The Journal of Adolescent Health: Official Publication Of The Society for Adolescent Medicine* 45, no. 2 (2009): 156–62, <https://doi.org/10.1016/j.jadohealth.2008.12.004>.
 33. Jochen Peter and Patti M. Valkenburg, "Adolescents' Exposure to a Sexualized Media Environment and Notions of Women as Sex Objects," *Sex Roles* 56 (2007): 381–95.
 Jochen Peter and Patti M. Valkenburg, "Adolescents' Exposure to Sexually Explicit Internet Material and Notions of Women as Sex Objects: Assessing Causality and Underlying Processes," *Journal of Communication* 59 (2009): 407–33, <https://doi.org/10.1111/j.1460-2466.2009.01422.x>.
 34. Eric W. Owens et al., "The Impact of Internet Pornography on Adolescents: A Review of the Research," *Sexual Addiction & Compulsivity* 19 (1/2) (2012): 99–122, <https://doi.org/10.1080/10720162.2012.660431>.
 35. B. J. Casey and Rebecca M. Jones, "Neurobiology of the Adolescent Brain and Behavior: Implications for Substance Use Disorders," *Journal of the American Academy of Child & Adolescent Psychiatry* 49, no. 12 (2010): 1189–1201, <https://doi.org/10.1016/j.jaac.2010.08.017>.
 Leah H. Somerville, Todd Hare, B. J. Casey, "Frontostriatal Maturation Predicts Cognitive Control Failure to Appetitive Cues in Adolescents," *Journal of Cognitive Neuroscience* 23 no. 9 (2011), 2103–14.
 36. Eric W. Owens, et al., (2012). "The Impact of Internet Pornography on Adolescents: A Review of the Research."
 37. Jochen Peter and Patti Valkenburg, "Adolescents and Pornography: A Review of 20 Years of Research."
 38. Kyriaki Alexandraki, et al., "Adolescent Pornography Use: A Systematic Literature Review of Research Trends 2000–2017."
 39. Ibid.
 40. Brian J. Willoughby, Bonnie Young-Petersen, Nathan D. Leonhardt, "Exploring Trajectories of Pornography Use Through Adolescence and Emerging Adulthood," *The Journal of Sex Research* 55 no. 3 (2018): 297–309, <https://doi.org/10.1080/00224499.2017.1368977>.
 41. Kyriaki Alexandraki et al., "Adolescent Pornography Use: A Systematic Literature Review of Research Trends 2000–2017."

42. Ibid.
43. Ibid.
44. Goran Koletić et al., “Does Asking Adolescents About Pornography Make Them Use It? A Test of the Question–Behavior Effect,” *Journal of Sex Research* 56 no. 2 (2019): 1–18, <https://doi.org/10.1080/00224499.2018.1501549>.
45. Gustavo S. Mesch, “Social Bonds and Internet Pornographic Exposure Among Adolescents,” *Journal of Adolescence* 32 (2009): 601–18, <https://doi.org/10.1016/j.adolescence.2008.06.004>.
46. Sesen Negash et al., “Trading Later Rewards for Current Pleasure: Pornography Consumption and Delay Discounting,” *Journal of Sex Research* (2015): 1–12.
Arthur W. Chickering and Linda Reisser, *Education and Identity* (San Francisco: Jossey Bass, 1993).
47. William M. Struthers, *Wired for Intimacy: How Pornography Hijacks the Male Brain*.
Chyng Sun et al., “Pornography and the Male Sexual Script: An Analysis of Consumption and Sexual Relations.”

Chapter 7: How Porn Is Changing Sexual Scripts

1. Jane D. Brown, Sarah N. Keller, Susannah Stern, “Sex, Sexuality, Sexting, and SexEd: Adolescents and the Media,” *Prevention Researcher* 16 no. 4 (2009): 12–16.
2. Jeffrey A. Hall, “Interpreting Social-Sexual Communication: Relational Framing Theory and Social-Sexual Communication, Attraction, and Intent,” *Human Communication Research* 42 no. 1 (2016): 138–64.
3. Paul J. Wright, P. J. “A Three-Wave Longitudinal Analysis of Preexisting Beliefs, Exposure to Pornography, and Attitude Change,” *Communication Reports* 26 no. 1 (2013): 13–25, <https://doi.org/10.1080/08934215.2013.773053>.
Chyng Sun et al., “Pornography and the Male Sexual Script: An Analysis of Consumption and Sexual Relations,” *Archives of Sexual Behavior* (2016): 1–12, <https://doi.org/10.1007/s10508-014-0391-2>.
4. Laurie A. Miles et al., “Sexual Addiction: A Literature Review of Treatment Interventions,” *Journal of Human Behavior in the Social Environment* 26, no.1 (2016): 89–99, <https://doi.org/10.1080/10911359.2015.1062672>.

5. Joseph Price et al., "How Much More XXX is Generation X Consuming? Evidence of Changing Attitudes and Behaviors Related to Pornography Since 1973," *The Journal of Sex Research* (2015): 12–20, <https://doi.org/10.1080/00224499.2014.1003773>.
6. Ibid.
7. Debra K. Braun-Courville and Mary Rojas, "Exposure to Sexually Explicit Web Sites and Adolescent Sexual attitudes and Behaviors," *The Journal of Adolescent Health: Official Publication Of The Society for Adolescent Medicine* 45, no. 2 (2009): 156–62, <https://doi.org/10.1016/j.jadohealth.2008.12.004>.
Jason S. Carroll et al., "Generation XXX: Pornography Acceptance and Use Among Emerging Adults," *Journal of Adolescent Research* 23 no. 1 (2008): 6–30, <https://doi.org/10.1177/0743558407306348>.
8. Joseph Price et al., "How Much More XXX is Generation X Consuming? Evidence of Changing Attitudes and Behaviors Related to Pornography Since 1973."
9. Piotr S. Bobkowski, Autumn Shafer, Rebecca R. Ortiz, "Sexual Intensity of Adolescents' Online Self-Presentations: Joint Contribution of Identity, Media Consumption, and Extraversion," *Computers in Human Behavior* 58 (2016): 64–74, <https://doi.org/10.1016/j.chb.2015.12.009>.
10. Albert Bandura, "Social Cognitive Theory of Self-Regulation," *Organizational Behavior and Human Decision Processes* 50 (1991): 248–87, [https://doi.org/10.1016/0749-5978\(91\)90022-L](https://doi.org/10.1016/0749-5978(91)90022-L).
11. Anna J. Bridges, "Pornography's Effects on Interpersonal Relationships," in *The Social Costs of Pornography: A Collection of Papers*, eds. James R. Stoner and Donna M. Hughes (Princeton, NJ: Witherspoon Institute, 2010).
12. Chyng Sun et al., "Pornography and the Male Sexual Script: An Analysis of Consumption and Sexual Relations," *Archives of Sexual Behavior* (2016): 1–12, <https://doi.org/10.1007/s10508-014-0391-2>.
13. Elizabeth M. Morgan, "Associations Between Young Adults' use of Sexually Explicit Materials and their Sexual Preferences, Behaviors, and Satisfaction," *Journal of Sex Research* 48 no. 6 (2011): 520–30, <https://doi.org/10.1080/00224499.2010.543960>.
14. Colin Hesse and Kory Floyd, "Affection Substitution: The Effect of Pornography Consumption on Close Relationships," *Journal of*

- Social and Personal Relationship* (2019): <https://doi.org/10.1177/0265407519841719>.
15. Paul J. Wright, "A Longitudinal Analysis of US Adults' Pornography Exposure: Sexual Socialization, Selective Exposure, and the Moderating Role of Unhappiness," *Journal of Media Psychology: Theories, Methods, and Applications* 24, no. 2 (2012): 67–76, <https://doi.org/10.1027/1864-1105/a000063>.
 16. Neil M. Malamuth, Tamara Addison, Mary Koss, "Pornography and Sexual Aggression: Are There Reliable Effects and Can We Understand Them?," *Annual Review of Sex Research* 11 (2000): 26–91, <https://doi.org/10.1080/10532528.2000.10559784>.
 17. Chyng Sun et al., "Pornography and the Male Sexual Script: An Analysis of Consumption and Sexual Relations."
 18. Renee Mikorski and Dawn M. Szymanski, "Masculine Norms, Peer Group, Pornography, Facebook, and Men's Sexual Objectification of Women," *Psychology of Men and Masculinity* 18, no. 4 (2017): 257–67, <https://doi.org/10.1037/men0000058>.
Paul J. Wright and Soyoung Bae, "A National Prospective Study of Pornography Consumption and Gendered Attitudes toward Women," *Sexuality & Culture* 19, no. 3 (2015): 444–63.
 19. Ethan A. Marshall, Holly A. Miller, Jeffrey A. Bouffard, "Bridging the Theoretical Gap: Using Sexual Script Theory to Explain the Relationship Between Pornography Use and Sexual Coercion," *Journal of Interpersonal Violence* (2018): <https://doi.org/10.1177/0886260518795170>.
 20. Amanda Goodson, Cortney A. Franklin, Leana A. Bouffard, "Male Peer Support and Sexual Assault: The Relation Between High-Profile, High school Sports Participation and Sexually Predatory Behavior," *Journal of Sexual Aggression* (2020): <https://doi.org/10.1080/13552600.2020.1733111>.
 21. Brooke De Heer, Sarah Prior, Jenna Fejervary, "Women's Pornography Consumption, Alcohol Use, and Sexual Victimization," *Violence against Women* (2021): 1678–95, <https://doi.org/10.1177/1077801220945035>.
 22. Claudia Gallego Rodríguez and Liria Fernández-González, "Is Pornography Consumption Associated with Intimate Partner Violence? The Moderating Role of Attitudes toward Women and Violence," *Behavioral Psychology* 27, no. 3 (2019): 431–54.

23. Debby Herbenick et al., “Diverse Sexual Behaviors and Pornography Use: Findings from a Nationally Representative Probability Survey of Americans Aged 18 to 60 Years,” *The Journal of Sexual Medicine* (2020): 623–33, <https://doi.org/10.1016/j.jsxm.2020.01.013>.
24. Emily A. Vogels and Lucia F. O’Sullivan, “The Relationship Among Online Sexually Explicit Material Exposure to, Desire for, and Participation in Rough Sex,” *Archives of Sexual Behavior* 48 (2019): 653–65, <https://doi.org/10.1007/s10508-018-1290-8>.
25. Paul J. Wright et al., “Pornography, Alcohol, and Male Sexual Dominance,” *Communication Monographs* 82, no. 2 (2015): 252–70, <https://doi.org/10.1080/03637751.2014.981558>.
26. C. Marston and R. Lewis, “Anal Heterosex Among Young People and Implications for Health Promotion: A Qualitative Study in the UK,” *BMJ Open* 4, no. 8 (2014): <https://doi.org/10.1136/bmjopen-2014-004996>.
27. Scott R. Braithwaite et al., “Does Pornography Consumption Increase Participation in Friends with Benefits Relationships?,” *Sexuality & Culture* 19, no. 3 (2015): 513–32, <https://doi.org/10.1007/s12119-015-9275-4>.
28. Scott R. Braithwaite et al., “The Influence of Pornography on Sexual Scripts and Hooking Up Among Emerging Adults in College,” *Archives of Sexual Behavior* 44, no. 1 (2015): 111–23, <https://doi.org/10.1007/s10508-014-0351-x>.
29. Scott R. Braithwaite et al., “Is Pornography consumption Associated with Condom Use and Intoxication during Hookups?,” *Culture, Health & Sexuality* 17, no. 10 (2015): 1155–73, <https://doi.org/10.1080/13691058.2015.1042920>.

Chapter 8: What Else Can I Do?

1. I have a special relationship with Covenant Eyes such that if you put “Foubert” in their coupon code box, you will get one month of service for free with them.
2. Zachary D. Bloom and W. Bryce Hagedorn, “Male Adolescents and Contemporary Pornography: Implications for Marriage and Family Counselors,” *The Family Journal: Counseling and Therapy for Couples and Families* 23, no. 1 (2015): 82–89, <https://doi.org/10.1177/1066480714555672>.

3. Paula Banca et al., “Novelty, Conditioning and Attentional Bias to Sexual Rewards,” *Journal of Psychiatric Research* 72 (2016): 91–101, <https://doi.org/10.1016/j.jpsychires.2015.10.017>.
4. “What is Public Health?,” American Public Health Association, <https://www.apha.org/what-is-public-health>, retrieved January 2, 2016.
5. Kirk Doran, “Industry Size, Measurement, and Social Costs,” in *The Social Costs of Pornography: A Collection of Papers*, eds. James R. Stoner and Donna M. Hughes (Princeton, NJ: Witherspoon Institute, 2010).