

NOTES

CHAPTER 1

1. Some of this material was adapted from an article I wrote titled “The Kingdom of Mom.” Used with permission. Maggie Combs, “The Kingdom of Mom,” *Risen Motherhood*, December 17, 2018, <https://www.risenmotherhood.com/blog/the-kingdom-of-mom>.
2. Claire Lerner, “Just Say No to Judgment: How Judging Parents Actually Leads to Worse, Not Better, Outcomes for Kids,” *Zero to Three*, <https://www.zerotothree.org/resources/1716-just-say-no-to-judgment-how-judging-parents-actually-leads-to-worse-not-better-outcomes-for-kids>.
3. For a deeper discussion on God’s purpose for motherhood, see chapter 9 in my first book, *Unsupermommy: Release Expectations, Embrace Imperfection, and Connect to God’s Superpower* (Racine, WI: Broadstreet Publishing Group, 2017).
4. Jackie Hill Perry, “The Only Reason You’re Still a Christian Is Because Christ Is a Keeper,” Instagram, March 4, 2020, https://www.instagram.com/tv/B9U75h1nAR_/?igshid=s5ldah6g4tqy.
5. Hannah Anderson, *Humble Roots: How Humility Grounds and Nourishes Your Soul* (Chicago: Moody, 2016), 199.
6. Perry, “The Only Reason You’re Still a Christian Is Because Christ Is a Keeper.”

CHAPTER 2

1. Paul Tripp, *Parenting: The 14 Gospel Principles That Can Radically Change Your Family* (Wheaton, IL: Crossway, 2016), 16.

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CHAPTER 3

1. Paul Tripp, *New Morning Mercies: A Daily Gospel Devotional* (Wheaton, IL: Crossway, 2014), 10.
2. See also Romans 8:14–15.
3. Elisabeth Elliot, *Joyful Surrender: 7 Disciplines for the Believer's Life* (Grand Rapids, MI: Revell, 2019), 75–76.
4. Drew Dyck, *Your Future Self Will Thank You: Secrets to Self-Control from the Bible and Brain Science* (Chicago: Moody, 2019), 17.
5. *Ibid.*, 39.

CHAPTER 4

1. For more on my story of God's kindness in my disappointment, listen to episode 35 of the *Journeywomen* podcast titled "On What to Do with Unmet Expectations," <https://journeywomenpodcast.com/episode/2018/1/6/ep-35-on-unmet-expectations>.
2. Paul Tripp, "How Are You Suffering?," PaulTripp.com, November 14, 2016, <https://www.paultripp.com/articles/posts/how-are-you-suffering>.
3. Oswald Chambers, "The Discipline of the Lord," *My Utmost for His Highest*, posted August 14, 2019, <https://utmost.org/the-discipline-of-the-lord/>.

CHAPTER 5

1. Edward T. Welch, *Shame Interrupted: How God Lifts the Pain of Worthlessness and Rejection* (Greensboro, NC: New Growth Press, 2012), 2.
2. If you're experiencing shame for what has been done to you, I urge you to seek counseling for your specific circumstances. You can find a certified biblical counselor at <https://biblicalcounseling.com/counselors>.
3. John Piper, *God Is the Gospel: Meditations on God's Love as the Gift of Himself* (Wheaton, IL: Crossway, 2011), 34.

4. From an undated entry, estimated c. 1711, in Susanna Wesley's devotional journal. Susanna Wesley, *The Complete Writings*, ed. Charles Wallace Jr. (New York: Oxford University Press, 1997), 225.
5. Barbara R. Duguid, *Extravagant Grace: God's Glory Displayed in Our Weakness* (Phillipsburg, NJ: P&R Publishing, 2013), 30–31.

CHAPTER 6

1. Thank you to my cousin Erin Cooper for pointing out how much shame we experience from the way other women speak about their families.
2. David Powlison, *How Does Sanctification Work?* (Wheaton, IL: Crossway, 2017), 63.
3. "Fueling up with Ethanol," edmunds.com, April 29, 2009, <https://www.edmunds.com/fuel-economy/fueling-up-with-ethanol.html>.
4. Hannah Anderson, *All That's Good: Recovering the Lost Art of Discernment* (Chicago: Moody, 2018), 53.
5. Elyse Fitzpatrick, *Found in Him: The Joy of the Incarnation and Our Union with Christ* (Wheaton, IL: Crossway, 2013), 152.

CHAPTER 7

1. Jennifer Senior, *All Joy and No Fun: The Paradox of Modern Parenthood* (New York: Harper Collins, 2015), 18.
2. See chapter 1 in my first book, *Unsupermommy*, for more. Maggie Combs, *Unsupermommy: Release Expectations, Embrace Imperfection, and Connect to God's Superpower* (Racine, WI: Broadstreet Publishing Group, 2017).

CHAPTER 8

1. Elisabeth Elliot, *Keep a Quiet Heart* (Grand Rapids, MI: Revell, 1995), 51.
2. John Piper, *God Is the Gospel: Meditations on God's Love as the Gift of Himself* (Wheaton, IL: Crossway Books, 2011), 47.

CHAPTER 9

1. Jim Dwyer, “Confronting a Stranger, for Art,” *New York Times*, April 2, 2010, <https://www.nytimes.com/2010/04/04/nyregion/04about.html>.
2. J. I. Packer, *Keep in Step with the Spirit: Finding Fullness in Our Walk with God* (Grand Rapids, MI: Baker, 2005), 42.
3. *Ibid.*, 43.
4. David Powlison, *How Does Sanctification Work?*, 14.
5. Robert Robinson, “Come, Thou Fount of Every Blessing,” 1758, alt. Martin Madan (1760), https://hymnary.org/text/come_thou_fount_of_every_blessing.
6. John MacArthur, *Romans 1–8*, MacArthur New Testament Commentary (Chicago: Moody, 1991), 425–26.
7. Maggie Combs, “5 Bible Study Techniques for Busy Moms,” *Revive Our Hearts*, January 14, 2020, <https://www.reviveourhearts.com/true-woman/blog/5-bible-study-techniques-busy-moms/>.

CHAPTER 11

1. Elyse Fitzpatrick and Eric Schumacher, *Worthy: Celebrating the Value of Women* (Bloomington, MN: Bethany House, 2020), 32.
2. This concept was one of my biggest takeaways from the Bible study *God of Creation* by Jen Wilkin. Jen Wilkin, “Week Four: Created in the Image of God,” in *God of Creation: A Study of Genesis 1–11* (Nashville: LifeWay, 2018), video.
3. Elyse Fitzpatrick, *Found in Him: The Joy of the Incarnation and Our Union with Christ* (Wheaton, IL: Crossway, 2013), 21–22.
4. Elyse Fitzpatrick and Eric Schumacher, *Worthy: Celebrating the Value of Women*, 34.
5. Edward T. Welch, *When People Are Big and God Is Small: Overcoming Peer Pressure, Codependency, and the Fear of Man* (Phillipsburg, NJ: P&R Publishing, 1997), 94.

6. *The 5 Love Languages* by Gary Chapman may be a helpful tool in discerning how God has uniquely created your spouse to give and receive affection.

CHAPTER 12

1. Edward T. Welch, *When People Are Big and God Is Small: Overcoming Peer Pressure, Codependency, and the Fear of Man* (Phillipsburg, NJ: P&R Publishing, 1997), 14.
2. *Ibid.*, 30.
3. Kathryn Jezer-Morton, “Did Moms Exist Before Social Media?,” *New York Times*, December 5, 2019, <https://www.nytimes.com/2020/04/16/parenting/mommy-influencers.html>.
4. Jessica Grose, “The Decade Parents Couldn’t Win,” *New York Times*, December 25, 2019, <https://www.nytimes.com/2019/12/25/parenting/the-decade-parents-couldnt-win.html>.
5. Paul David Tripp, *Awe: Why It Matters for Everything We Think, Say, and Do* (Wheaton, IL: Crossway, 2015), 21.
6. Jared C. Wilson, *The Imperfect Disciple: Grace for People Who Can’t Get Their Act Together* (Grand Rapids, MI: Baker, 2017), 67.
7. Timothy S. Lane and Paul David Tripp, *How People Change* (Greensboro, NC: New Growth Press, 2008), 14.
8. *Merriam-Webster*, s.v. “diligence,” <https://www.merriam-webster.com/dictionary/diligence>.