

# Recommended Resources

Below are the books that were helpful to me as I worked through the doctrine of God's love, Psalm 139, Romans 8, and other concepts in this book. I commend each of them to you for further reading.

*Because He Loves Me: How Christ Transforms Our Daily Life* by Elyse M. Fitzpatrick, Crossway, 2008.

*The Difficult Doctrine of the Love of God* by D. A. Carson, Crossway, 1999.

*Heaven* by Randy Alcorn, Tyndale, 2004.

*The Message of Romans* by John Stott, InterVarsity Press, 1994.

*The Message of John* by Bruce Milne, InterVarsity Press, 1993.

*The Pleasures of God: Meditations on God's Delight in Being God* by John Piper, Multnomah Books, 2000.

*Prayer: Experiencing Awe and Intimacy with God* by Timothy Keller, Penguin Books, 2014.

*Rediscovering Jonah: The Secret of God's Mercy* by Timothy Keller, Penguin Books, 2018.

*Walking with God through Pain and Suffering* by Timothy Keller, Penguin Books, 2013.

*What God Has to Say About Our Bodies: How the Gospel Is Good News for Our Physical Selves* by Sam Allberry, Crossway, 2021.

## Footnotes for *Known and Loved*

### Introduction: Who Is This Book Really About?

1. Timothy Keller, *Prayer: Experiencing Awe and Intimacy with God* (Penguin Books, 2014), 173.
2. This phrase came from Dr. Timothy Keller, in his sermon, “Running From God,” on Jonah 1:1–10 preached at Redeemer Presbyterian Church on September 9, 2001.

### Chapter 1: Known to the Core

3. Dictionary.com, s.v. “sonder,” <https://www.dictionary.com/browse/sonder>.
4. Among other texts, the book of 1 John speaks strongly to this.
5. “Praise for the Fountain Opened,” by William Cowper, 1731–1800. Public domain.
6. D. A. Carson, *The Difficult Doctrine of the Love of God* (Crossway, 2000), 12.
7. *Ibid.*, 50.
8. Matthew 10:30.
9. Romans 5:8.
10. I’m indebted to John Piper for his book *The Pleasures of God*, which expounds on the idea that God is perfectly happy in and of Himself. He doesn’t love us because He has to.
11. John Piper, “Is God Angry at Me When I Sin?,” *Desiring God*, June 26, 2019, <https://www.desiringgod.org/interviews/is-god-angry-at-me-when-i-sin>.
12. Piper, “Is God Angry at Me When I Sin?”
13. I’m grateful for John Stott’s helpful explanation of this passage. John Stott, *The Message of Romans* (InterVarsity Press, 1994), 249.
14. Ephesians 1:3–10.

15. A rephrased quote from Charles Spurgeon, *Treasury of David: A Commentary on the Psalms*, “Psalm 139” (Hendrickson Publishers, 1876), 222. “I may leave thy path, but you never leave mine.”
16. 1 Peter 2:24.
17. Hebrews 1:3.

## **Chapter 2: Known and Safe**

1. “H6696 - *šûr*,” Strong’s Hebrew Lexicon (ESV), Blue Letter Bible, <https://www.blueletterbible.org/lexicon/h6696/esv/wlc/0-1/>.
2. I’ve written a book on the theme and promise of God’s presence as an expression of His steadfast love. Check out *The Promise Is His Presence: Why God Is Always Enough* for an in-depth look at God’s presence from Genesis to Revelation.
3. Philippians 1:6.
4. Isaiah 41:10.
5. 1 John 1:9.
6. Psalm 34:8.
7. James 1:5.
8. Psalm 25:14.
9. Psalm 32:4–5.
10. Psalm 23:4.
11. Ezekiel 48:35.
12. Hebrews 10:19–20.
13. Jen Wilkin, *None Like Him: 10 Ways God Is Different from Us (and Why That’s a Good Thing)* (Crossway, 2016), 111.
14. See Genesis 3:5.
15. Job 42:2.
16. 2 Peter 3:18.
17. 2 Corinthians 4:17

### Chapter 3: Known When You Want to Run

1. Psalm 147:4.
2. Ligonier, “Our All-Knowing, All-Seeing Lord,” March 18, 2015, <https://www.ligonier.org/learn/devotionals/our-all-knowing-all-seeing-lord>.
3. Dr. Timothy Keller, “Running From God,” a sermon from Jonah 1:1–10, preached at Redeemer Presbyterian Church on September 9, 2001, <https://podcast.gospelinlife.com/e/running-from-god/>.
4. Genesis 3:9.
5. Ephesians 4:19.
6. Deuteronomy 22:22.
7. Though early manuscripts of the gospel of John do not include this portion of John 8, the principle is not out of step with the overall teaching of Scripture in general or with Jesus during His earthly ministry in particular. Most scholars believe John 7:53–8:11 to be canonical, even if the author wasn’t John himself.
8. 1 John 1:9.
9. 2 Corinthians 5:21.
10. Romans 8:1.
11. Timothy Keller, *Rediscovering Jonah: The Secret of God’s Mercy* (Penguin Books, 2018), 211.
12. Psalm 69:33.
13. Colossians 2:23.
14. Revelation 19:11.
15. Hebrews 7:25.
16. Hebrews 4:15.
17. Hebrews 4:16.
18. I’m grateful for the late Rich Mullins for this line from his song “We Are Not As Strong As We Think We Are” (1996, Universal Music Publishing Group).
19. Galatians 2:20.
20. John Stott, *The Message of Galatians: Only One Way* (InterVarsity, 1968), 151–52. (Emphasis mine.)

## **Chapter 4: Known in the Dark**

1. Psalm 8:4.
2. Psalm 74:16.
3. Psalm 139:12.
4. Daniel 2:22.
5. Megan Hill, *Praying Together: The Priority and Privilege of Prayer in Our Homes, Communities, and Churches* (Crossway, 2016), 24.
6. Colossians 1:16.
7. Hebrews 5:7
8. Dane Ortlund, *Gently and Lowly: The Heart of Christ for Sinners and Sufferers* (Crossway, 2020), 91.
9. Leviticus 15:19–30.
10. Mark 5:30.

## **Chapter 5: Known in Body and Soul**

1. A 1990s low-calorie meal replacement drink that was as disappointing in taste as it was in nutrition.
2. I can't imagine why anyone thought replacing two meals a day with low-calorie cereal would be good for our nutrition.
3. The research on autoimmune diseases is still woefully lacking, but studies seem to be making a connection between trauma or persistent stress and the eventual diagnosis of disease. Having lived with multiple autoimmune diseases for nearly two decades, I can trace the awakening of my diseases to a prolonged season of immense personal anguish. Additionally, flareups seem to coincide with significant episodes of stress, which have an inflammatory effect on the body. This study from Harvard at least entertains the connection, though far more research would be helpful in identifying root causes and subsequent treatments: Robert H. Shmerling, MD, "Autoimmune Disease and Stress: Is There a Link?" Harvard Health Publishing, October 27, 2020,

<https://www.health.harvard.edu/blog/autoimmunedisease-and-stress-is-there-a-link-2018071114230>.

4. Genesis 1:18.

5. Genesis 1:31.

6. Timothy Keller, “The Search for Identity” on Psalm 8, of the series “Modern Problems, Ancient Solutions” preached at Redeemer Presbyterian Church on October 10, 1993, <https://podcast.gospelinlife.com/e/the-search-for-identity/>.

7. Keller, “The Search for Identity.”

8. Whitney K. Pipkin, *We Shall All Be Changed: How Facing Death with Loved Ones Transforms Us* (Moody Publishers, 2024), 91.

9. Pipkin, *We Shall All Be Changed*, 91.

10. This quote has been attributed to Sam Allberry, though I was unable to find the original source. For a helpful and deeper treatise on the human body and God’s design for it, I recommend his book *What God Has to Say About Our Bodies: How the Gospel Is Good News for Our Physical Selves* (Crossway, 2021).

11. 1 Corinthians 15:26.

12. Tim Challies, *Seasons of Sorrow: The Pain of Loss and the Comfort of God* (Zondervan Reflective, 2022), 179–80.

13. 1 Thessalonians 4:16.

14. Philippians 3:21; 1 Corinthians 15:51.

15. Genesis 15:5–6.

16. Hebrews 1:3.

17. Don Carson, quoting his friend Frank, “How Can a Good God Allow Suffering?: A Biblical Perspective,” The Gospel Coalition, August 18, 2023, <https://www.thegospelcoalition.org/sermon/how-can-a-good-god-allow-suffering/>.

## **Chapter 6: Known Among Many**

1. You can picture Sue’s grave on the hill overlooking the park, if you need a visual here. There’s a pond in the distance, and a playground with a pavilion just over a short rise. Her friend Jan is buried close by.

2. Psalm 90:12.

3. Ecclesiastes 3:11.
4. Crystal Raypole, “How Many Thoughts Do You Have Each Day? And Other Things to Think About,” *Healthline*, February 28, 2022, <https://www.healthline.com/health/how-many-thoughts-per-day>.
5. Romans 11:34.
6. Similarly, John closes his gospel saying that no book could contain all the works that Jesus did (see John 21:25). I believe we’ll spend eternity learning more and more about the Lord as we dwell with Him forever.
7. See also Psalm 4:8: “In peace I will both lie down and sleep; for you alone, O Lord, make me dwell in safety.”
8. John Piper, *The Pleasures of God: Meditations on God’s Delight in Being God* (Multnomah Books, 2000), 305.
9. Psalm 119:68.
10. John 15:9.
11. Psalm 136.
12. 1 John 4:16.
13. John 10:28.
14. Dr. Timothy Keller, “The Search for Identity” on Psalm 8, of the series “Modern Problems, Ancient Solutions” preached at Redeemer Presbyterian Church on October 10, 1993.
15. Timothy Keller, *Rediscovering Jonah: The Secret of God’s Mercy* (Penguin Books, 2020), 49.
16. Randy Alcorn, *Heaven* (Tyndale House Publishers, 2004), 471.
17. Hebrews 11:16.
18. Isaiah 49:15–16.

## **Chapter 7: Known When the World Is Against You**

1. Greg Morse, “‘Oh Slay the Wicked’: How Christians Sing Curses,” *Desiring God*, September 6, 2023, <https://www.desiringgod.org/articles/oh-slay-the-wicked>.
2. Morse, “Oh Slay the Wicked.”
3. Trevin Wax, “What C. S. Lewis Got Wrong About the Cursing Psalms,” *The Gospel Coalition*, March 21, 2023,

<https://www.thegospelcoalition.org/blogs/trevin-wax/cs-lewis-cursing-psalms/>.

4. Revelation 14:20.

5. 2 Corinthians 5:21.

6. Romans 12:14, 20.

7. Matthew 5:43–45.

8. Matthew 6:9–10.

9. Abortion denigrates God's design and value of human life. As we discussed in chapter 5, every human is created in the image of God and therefore holds inherent value. To fight for the right to end the life of an image bearer is to disbelieve the Bible's affirmation of the inherent dignity and value of human life.

## **Chapter 8: Known and Kept**

1. For a fuller treatment of sanctification, check out my book *Everyday Faithfulness: The Beauty of Ordinary Perseverance in a Demanding World* (Crossway, 2020).

2. 1 Peter 5:8.

3. Hebrews 3:13.

4. 2 Peter 1:3–11.

5. Colossians 2:14.

6. I must credit my husband, William, for connecting this idea of delight and discipline in his sermon on Proverbs 3:1–12, titled "Wisdom Is Obedience," preached at Grace Bible Fellowship on August 11, 2024.

7. On this subject, I am indebted to Collin Hansen for his helpful article "Warning Passages Ahead," The Gospel Coalition, January 9, 2012, <https://www.thegospelcoalition.org/article/warning-passages-ahead/>.

8. See Hebrews 11, which comes with great hope after the warning passages. There were many greatly flawed people in this list who finished in faithfulness. We should be encouraged by this list!

9. 1 Corinthians 10:6, 11.

10. One of the most helpful ways to saturate your life with God's Word is by memorizing it. See my book *Memorizing Scripture: The Basics*,

*Blessings, and Benefits of Meditating on God's Word* for how and why to do it.

## **Chapter 9: Fully Known and Fully Loved**

1. D. A. Carson, *The Difficult Doctrine of the Love of God* (Crossway, 1999), 17.
2. Ibid., 63.
3. Ibid., 63.
4. Ibid., 64.
5. Ephesians 2:4–5.
6. Romans 5:10; John 15:14.
7. Colossians 1:13.
8. 2 Corinthians 3:18; 4:16.
9. See Colossians 2–3.
10. D. A. Carson, *The Difficult Doctrine of the Love of God*, 81.
11. D. A. Carson, *The Difficult Doctrine of the Love of God*, 61.
12. Romans 8:17.
13. John Stott, *The Message of Romans* (InterVarsity Press, 1994), 255.
14. D. A. Carson, *The Difficult Doctrine of the Love of God*, 83.
15. Please see the list of recommended resources for books that will help round out your theology of God's omniscience and love.