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# Notes

## Introduction: On the Shadow Side

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### Chapter 3: Despair & Emptiness

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#### Chapter 4: Adversity & Disconnection

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## About the Author

Andy Partington leads the work of Novō Communities and Novō Adventures.

Novō Communities' vision is to bring new life to individuals, peace to families, and hope to communities gripped by addiction by empowering local teams in developing nations to create transformational communities that offer healing, wholeness, and hope.

Novō Adventures, a motorcycle tour operator, is a social enterprise that generates income to support the work of Novō Communities.

Andy has served as Director of Training at London School of Theology, in local church leadership in the UK and Bolivia, and as CEO of Yeldall Manor, an addiction treatment center in the southeast of England. Andy's doctoral dissertation—published as *Church and State*—explored the role of the Church of England bishops in the House of Lords.

Andy is married to Mickey and is the proud father of Daniel, Jemimah, Phoebe, JJ, and Miah.

*You can learn more about the work of Novō  
at [novocommunities.org](http://novocommunities.org) and [novoadventures.com](http://novoadventures.com).*