

# NOTES

1. Hilary Nobilo, “Explaining Social and Emotional Changes During Adolescence,” *Brainwave Trust*, <https://brainwave.org.nz/article/explaining-social-and-emotional-changes-during-adolescence/>.
2. “Mental Health of Adolescents,” World Health Organization, October 10, 2024, <https://www.who.int/news-room/fact-sheets/detail/adolescent-mental-health>.
3. “Suicide: Pediatric Mental Health Minute Series,” American Academy of Pediatrics, <https://www.aap.org/en/patient-care/mental-health-minute/suicide/>.
4. A couple of good resources are *Screens and Teens: Connecting with Our Kids in a Wireless World* by Kathy Koch; and *Screen Kids: 5 Relational Skills Every Child Needs in a Tech-Driven World* by Gary Chapman and Arlene Pellicane.
5. For more information on true gender confusion or dysphoria, consider the book *Trans-Formation: A Former Transgender Responds to LGBTQ* by Dr. Linder Seiler.
6. Tricia Goyer, “How to Stop Your Child’s Angry Cycle,” *Focus on the Family*, <https://www.focusonthefamily.com/parenting/how-to-stop-your-childs-angry-cycle/>.
7. For more help and resources to help kids with anger, check out Tricia’s book *Calming Angry Kids: Help and Hope for Parents in the Whirlwind*.
8. <https://barna.gloo.us/reports/guiding-children-chapter-1>. Also see “Who Is Responsible for Children’s Faith Formation?,” Barna, March 19, 2019, <https://www.barna.com/research/children-faith-formation/>.
9. Sarah Snuggs and Kate Harvey, “Family Mealtimes: A Systematic Umbrella Review of Characteristics, Correlates, Outcomes and Interventions,” *Nutrients* 15, no. 13 (2023): 2841, <https://doi.org/10.3390/nu15132841>.
10. Kari Ure, “The Power of Family Mealtime,” Utah State University, <https://extension.usu.edu/relationships/faq/the-power-of-family-mealtime>.
11. “Filament Bibles” (from Tyndale House Publishers), which come with a free app, are a good resource for Bible reading with preteens. The app opens up study materials to go with every page of the Bible.

12. Tricia Goyer, “Why do you think active listening is important when it comes to parenting?,” Facebook, June 1, 2024, <https://www.facebook.com/tricia.goyer/posts/pfbid02xfjLqrDRLauRqFviiTPdy88dxXtSgVkVr9GcwpRgvDWJ3npEtCM-brKNAvU5UZqWrl>.
13. <https://barna.gloo.us/reports/guiding-children-chapter-1>.
14. “Study: Most Evangelicals Chose Christ During Childhood,” *Baptist Standard*, February 1, 2024, <https://www.baptiststandard.com/news/faith-culture/most-evangelicals-chose-christ-during-childhood-study-shows/>.
15. Don Everts and Doug Schaupp, *I Once Was Lost: What Postmodern Skeptics Taught Us About Their Path to Jesus* (IVP Books, 2008).
16. Kathryn A. Kerns et al., “Peer Relationships and Preadolescents’ Perceptions of Security in the Child-Mother Relationship,” *Developmental Psychology* 32, no. 3 (1996): 457–66, <https://doi.org/10.1037/0012-1649.32.3.457>.
17. If you would like a download of the Scriptures in this section, go to <https://teachthemdiligently.net/resources/prayers-for-my-children/>. Reprinted here with permission.

# SCRIPTURE TREASURY

Below is a list of Scripture verses about identity, worth, and other topics we've talked about.<sup>17</sup> These verses provide a helpful guide to praying Scriptures with your children.

## ***May they know the Scriptures, which are able to make them wise for salvation***

2 Timothy 3:15: "From childhood you have been acquainted with the sacred writings, which are able to make you wise for salvation through faith in Christ Jesus."

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## ***May they come to know Christ as personal Savior***

2 Peter 3:9: "The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance."

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## ***May they know God and serve Him***

1 Chronicles 28:9: "Know the God of your father and serve him with a whole heart and with a willing mind, for the LORD searches all hearts and understands every plan and thought. If you seek him, he will be found by you, but if you forsake him, he will cast you off forever."

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***May they grow in the grace and knowledge of Jesus Christ***

2 Peter 3:18: “But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be the glory both now and to the day of eternity. Amen.”

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***May they be obedient to parents***

Ephesians 6:1: “Children, obey your parents in the Lord, for this is right.”

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***May they be respectful to parents***

Ephesians 6:2: “Honor your father and mother (this is the first commandment with a promise).”

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***May they have a heart for God***

Deuteronomy 5:29: “Oh that they had such a heart as this always, to fear me and to keep all my commandments, that it might go well with them and with their descendants forever!”

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***May they hate sin***

Psalms 97:10: “O you who love the LORD, hate evil!”

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***May they understand their sin will be found out***

Numbers 32:23: “Be sure your sin will find you out.”

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***May they be quick to repent***

Psalms 32:1: “Blessed is the one whose transgression is forgiven, whose sin is covered.”

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***May they be quick to forgive***

Ephesians 4:32: “Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.”

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***May they choose the right friends***

Proverbs 13:20: “Whoever walks with the wise becomes wise, but the companion of fools will suffer harm.”

1 Corinthians 15:33: “Do not be deceived: ‘Bad company ruins good morals.’”

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***May they say no to sin***

Proverbs 1:10: “If sinners entice you, do not consent.”

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***May they learn to submit to God***

James 4:7: “Submit yourselves therefore to God. Resist the devil, and he will flee from you.”

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***May they have a repentant heart***

Psalms 51:1–3: “Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. Wash me thoroughly from my iniquity and cleanse me from my sin! For I know my transgressions, and my sin is ever before me.”

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***May they be teachable***

Proverbs 13:1: “A wise son hears his father’s instruction, but a scoffer does not listen to rebuke.”

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***May they be a servant to others***

Philippians 2:3–4: “Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others.”

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***May they trust God for their future mate and ministry***

Proverbs 3:5–6: “Trust in the LORD with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.”

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***May they remain pure for their future mate and may their future mate remain pure for them***

1 Corinthians 6:18–20: “Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.”

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***May they surrender heart and life completely to God***

Romans 12:1–2: “I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.”

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***May they be free from bitterness***

Hebrews 12:15: “See to it that no one fails to obtain the grace of God; that no ‘root of bitterness’ springs up and causes trouble, and by it many become defiled.”

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***May they be strong in the Lord***

Ephesians 6:10: “Be strong in the Lord and in the strength of his might.”

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***May they be protected from harm***

Psalms 17:8–9: “Keep me as the apple of your eye; hide me in the shadow of your wings, from the wicked who do me violence, my deadly enemies who surround me.”

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***May they be protected from accidents***

Psalms 91:11–12: “For he will command his angels concerning you to guard you in all your ways. On their hands they will bear you up, lest you strike your foot against a stone.”

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***May they have freedom from fear***

2 Timothy 1:7: “God gave us a spirit not of fear but of power and love and self-control.”

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***May they have good health***

Psalms 103:2–3: “Bless the LORD, O my soul, and forget not all his benefits, who forgives all your iniquity, who heals all your diseases.”

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***May they always feel loved***

Jeremiah 31:3: “I have loved you with an everlasting love; therefore I have continued my faithfulness to you.”

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***May they grow spiritually and walk with God always***

Colossians 1:9–10: “And so, from the day we heard, we have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, so as to walk in a manner worthy of the Lord, fully pleasing to him, bearing fruit in every good work and increasing in the knowledge of God.”

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***May they have a close relationship with each other***

Romans 12:10: “Love one another with brotherly affection. Outdo one another in showing honor.”

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***May they develop a hunger for the things of God***

Mathew 5:6: “Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.”

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***May they always follow truth and reject lies***

3 John 1:4: “I have no greater joy than to hear that my children are walking in the truth.”

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***May they have a love and desire for learning***

Proverbs 1:7: “The fear of the LORD is the beginning of knowledge; fools despise wisdom and instruction.”

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***May their speech be God-honoring***

Proverbs 13:3: “Whoever guards his mouth preserves his life; he who opens wide his lips comes to ruin.”

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***May they be an example for others to follow***

1 Timothy 4:12: “Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity.”

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***May they live in the joy of the Lord***

Psalms 118:24: “This is the day that the LORD has made; let us rejoice and be glad in it.”

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***May they have no ungodly strongholds***

2 Corinthians 10:3–4: “For though we walk in the flesh, we are not waging war according to the flesh. For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds.”

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