EMBRACING UNCOMFORTABLE

Accountability	Family
Active empathy	Fearlessness
Adventure	Friendship
Authenticity	Freedom
Autonomy	Fun
Balance	Generosity
Beauty	Genuineness
Boundaries	Goodness
Challenge	Gratitude
Collaboration	Growth
Compassion	Happiness
Competition	Health
Community	Honesty
Congruence	Hospitality
Connection	Humanity
Contribution	Humility
Courage	Humor
Creativity	Inclusion
Culture	Independence
Curiosity	Influence
Dependability	Ingenuity
Determination	Integrity
Development	Joy
Discipline	Justice
Excellence	Kindness
Efficiency	Leadership
Equality	Loyalty
Excellence	Love
Expression	Organization
Faith	Passion
Faithfulness	Patience

The Nuts and Bolts: Your Purpose, Your Values

Peace	Transparency
Perseverance	Truth
Positivity	Vulnerability
Purpose	Wholeness
Respect	Wisdom
Safety	Work
Self-actualization	
Service	
Sincerity	
Time	
Tradition	