



## APPENDIX 1

# SUMMARY OF MEMORY DEVICES

## THE FIVE GOSPEL FOUNDATIONS

<b>FREEDOM</b>	We died with Christ in order to be free from bondage.	Discipleship should include spiritual warfare and emotional healing.
<b>IDENTITY</b>	We are raised with Christ in order to build on a new foundation.	Discipleship should train us to live out our new identity even when enduring hardship.
<b>SPIRIT</b>	We are born of the Spirit in order to walk in the Spirit.	Discipleship should train us in how we walk in the Spirit.

<b>HEART-FOCUSED COMMUNITY</b>	We are born into the family of God in order to love God and others well.	Discipleship should be anchored in heart-focused community.
<b>MISSION</b>	We are called to play our role in taking Christ to the world.	Discipleship should train us to move into mission.

### VALUES OF A KINGDOM WORLDVIEW

<b>SALVATION</b>	Nothing is more important than entering the kingdom.
<b>STEWARDSHIP</b>	We must seek first God's kingdom and righteousness.
<b>SPIRITUALITY</b>	Only by abiding in Christ can we bear kingdom fruit.
<b>SERVANT LOVE</b>	The mark of the Christian is love.

### COMMON MODEL OF WOUNDED HEARTS

<b>WOUNDS</b>	The world wounds us.	Plowed soil
<b>LIES</b>	The devil lies to us.	Seeds
<b>VOWS</b>	The flesh makes vows.	Vines
<b>STRONGHOLDS</b>	Strongholds are the result.	Unwanted fruit

### WAYS WE OPEN DOORS TO THE DEVIL

<b>SIN</b>	Unconfessed sin of all sorts
<b>OCCULT</b>	Secret knowledge and power
<b>UNFORGIVENESS</b>	Not canceling debts
<b>LIES WE BELIEVE</b>	The devil's propaganda
<b>LINEAGE</b>	Generational consequences

### HOW WE RECLAIM SURRENDERED GROUND\*

<b>CONFESS</b>	Admit what opened the door
<b>CANCEL</b>	Repent, renounce, and forgive
<b>COMMAND</b>	Evict spirits
<b>COMMIT</b>	Dedicate to Christ

\* Karl I. Payne, *Spiritual Warfare: Christians, Demonization, and Deliverance* (Alexandria, VA: Republic Book Publishers, 2011).

### NEW COVENANT IDENTITY

<b>PARDON</b>	Justification, purification, redemption
<b>ADOPTION</b>	Access, authority, inheritance
<b>CITIZENSHIP</b>	Ambassadors
<b>TITLE: SAINT</b>	Holy ones—not of this world

## BUILDING BLOCKS OF BIBLICAL THEOLOGY

Deeper Walk Guide to the Bible—[www.PLAXN.com](http://www.PLAXN.com)

<b>WORSHIP</b>	We were created to walk with God
<b>WARFARE</b>	We live in a world at war
<b>WISDOM</b>	Scripture and the Spirit give us light in the darkness
<b>PROMISE</b>	Abraham
<b>LAW</b>	Moses
<b>ANOINTED ONE</b>	David
<b>EXILE</b>	Jeremiah, Ezekiel, Daniel
<b>NEW COVENANT</b>	Jesus—the gospel
<b>COMING OF MESSIAH</b>	The coming kingdom

## WALKING IN THE SPIRIT

<b>SEEK (STOP)</b>	Seek God—ask questions
<b>LISTEN</b>	Notice God thoughts
<b>OBEY</b>	Do what God directs
<b>WATCH</b>	Watch what happens



# NOTES

## INTRODUCTION: MY STORY

1. A *power encounter* refers to a confrontation between the religious spirits worshiped by the local population and the Spirit of Christ. People have come to Christ all over the globe, not because of the logic of the Christian faith (though they later came to see that), but because the power of Christ was greater than the power of the gods they served.

## CHAPTER 1: HALF-BRAINED CHRISTIANITY

1. Shared with the author during a small gathering of Christian leaders as part of a conversation on Christian counseling, 2004.
2. Cited from Marcus Warner, *Toward A Deeper Walk: Heart-Focused Training for the Journey of Life* (Carmel, IN: Deeper Walk International, 2012), 14–15.
3. Russ Rainey, “Summary of the Willow Creek REVEAL Study,” *The Christian Coaching Center*, accessed February 18, 2022, <http://www.christiancoachingcenter.org/index.php/russ-rainey/coachingchurch2/>.
4. This is the same thesis as the one found in the title of Peter Scazzero’s book, *Emotionally Healthy Spirituality: It’s Impossible to be Spiritually Mature, While Remaining Emotionally Immature* (Grand Rapids, MI: Zondervan, 2014).

5. E. James Wilder et al., *Joy Starts Here: The Transformation Zone* (Lexington, KY: The Shepherd's House, Inc., 2013), 8.
6. Jim Wilder and I define maturity as “suffering well” or “enduring hardship well” in Marcus Warner and Jim Wilder, *Rare Leadership: 4 Uncommon Habits for Increasing Trust, Joy, and Engagement in the People You Lead* (Chicago: Moody Publishers, 2016), 26.
7. *The KJV New Testament Greek Lexicon*, s.v. “Makrothumia,” Biblestudytools.com, accessed February 18, 2022, <https://www.biblestudytools.com/lexicons/greek/kjv/makrothumia.html>.
8. Warner and Wilder, *Rare Leadership*.

## CHAPTER 2: HEART-FOCUSED DISCIPLESHIP

1. Max Lucado, “Six Hours One Friday—Season 1: Hurricane Warnings,” Facebook video, 7:17, March 18, 2019, <https://www.facebook.com/watch/?v=2312124165690792>.

## CHAPTER 3: DISCIPLESHIP ON THE BACK OF A NAPKIN

1. To be born of water and the Spirit is most likely a reference to our new birth through baptism and the anointing of the Spirit.
2. BR Ministries, “Why an Egyptian Jew Chose Jesus Christ—George Bebawi,” video, 55:38, March 11, 2015, [https://www.youtube.com/watch?v=nqyoLoEzDzc&ab\\_channel=BRMinistries](https://www.youtube.com/watch?v=nqyoLoEzDzc&ab_channel=BRMinistries).

## CHAPTER 4: DEALING WITH THE WOUNDS OF THE PAST

1. Neil T. Anderson, *The Bondage Breaker: Overcoming Negative Thoughts, Irrational Feelings, Habitual Sins* (Eugene, OR: Harvest House Publishers, 2000), 214–257. See also Neil T. Anderson, *The Steps to Freedom in Christ: A Biblical Guide to Help You Resolve Personal and Spiritual Conflicts and Become a Fruitful Disciple of Jesus* (Bloomington, MN: Bethany House, 2017).
2. Ancestral sin refers to the consequences caused by the sins and iniquities of prior generations that are still affecting us today. In a warfare sense, these consequences can include additional access to influence our environment and behavior.
3. William D. Backus, *The Hidden Rift with God* (Bloomington, MN: Bethany House, 1990).
4. Anonymous prayer cited in Marcus Warner, *Understanding the Wounded Heart* (Carmel, IN: Deeper Walk International, 2019), 75.

5. These strategies for healing are adapted from Warner, *Understanding the Wounded Heart*.
6. Text message to the author, October 4, 2021.
7. The REAL prayer is adapted from *Understanding the Wounded Heart*, 155–159. See also the companion booklet by Marcus Warner, *REAL Prayer: A Guide to Emotional Healing* (Carmel, IN: Deeper Walk International, 2011).
8. Johanna Michaelsen, *The Beautiful Side of Evil* (Eugene, OR: Harvest House Publishers, 1982).

## CHAPTER 5: FREEDOM THROUGH SPIRITUAL WARFARE

1. Philip Schaff, *Latin Christianity: Its Founder, Tertullian*, The Early Church Fathers Collection: The Ante Nicene Fathers, vol. 3, ed. Allan Menzies (Grand Rapids, MI: Wm. B. Eerdmans Publishing Co., 2009).
2. Text message forwarded to the author on August 9, 2020.
3. This is a story my father used to tell when teaching on spiritual warfare. I do not know the origin of it.
4. Thus, Paul warns us not to fall into the devil's snares (1 Tim. 3:7; 6:9). He also taught that helping people find freedom from these snares is part of the work of God's servants (2 Tim. 2:24–26).
5. Karl I. Payne, *Spiritual Warfare: Christians, Demonization, and Deliverance* (Alexandria, VA: Republic Book Publishers, 2011).
6. There is such a thing as astral theology, which studies how God uses the stars to communicate to humans. Astral theology is different from astrology, which seeks guidance for life from the stars rather than God. An example of astral theology can be found in Revelation 12:1–2. These verses provide a perfect portrait of what the night sky looked like on September 11, 3 BC. The king planet (Jupiter) and the king star (Regulus) appeared next to each other in the constellation Leo (the Lion), symbolizing that a king was born to the tribe of Judah. Beneath this constellation was Virgo (the Virgin), with the sun appearing where her belly or womb would have been and the moon at her feet. Beneath this constellation was another known to the ancient world as the dragon. Magi from the East could easily have interpreted these signs. In this passage, John appears to be describing a message in the stars from the night of Christ's birth. See Michael Heiser, "The Date of Christ's Birth in Revelation 12," video, 9:35, September 27, 2018, <https://www.youtube.com/watch?v=oQsPHvRNYs>.

7. See the article by Christopher Daly, “How Woodrow Wilson’s Propaganda Machine Changed American Journalism,” *Smithsonian Magazine*, April 28, 2017, <https://www.smithsonianmag.com/history/how-woodrow-wilsons-propaganda-machine-changed-american-journalism-180963082/>.

## CHAPTER 6: IDENTITY IN CHRIST

1. Bob George, *Classic Christianity: Life’s Too Short to Miss the Real Thing* (Eugene, OR: Harvest House Publishers, 1989), 41.
2. The story shared here was inspired by a devotional from Dr. Bill Atwood’s book, *A Banquet Seat and a Listening Ear: Stories from the Kingdom Frontiers* (Frisco, TX: Ekklesia Society, 2019), 12–20.
3. E. Randolph Richards and Brandon J. O’Brien, *Misreading Scripture with Western Eyes: Removing Cultural Blinders to Better Understand the Bible* (Downers Grove, IL: InterVarsity Press, 2012), 164–165.
4. William Barclay, *Barclay on the Lectionary, Mark: Year B* (Edinburgh: St Andrew Press, 2014) 153–158.
5. See BR Ministries, “Chief Shoefoot—Shaman Testimony,” video, 54:47, August 4, 2016, [https://www.youtube.com/watch?v=aHK4Irp\\_pUE](https://www.youtube.com/watch?v=aHK4Irp_pUE), and other videos about his life. See also Mark Andrew Ritchie, *Spirit of the Rainforest: A Yanomamo Shaman’s Story* (Island Lake, IL: Island Lake Press, 2000).
6. BR Ministries, “I’ll Never Go Back—Shaman Testimony,” video, 54:47, February 8, 2013, <https://www.youtube.com/watch?v=QW-l-CPC6QY>.
7. In the Old Testament the word for temple prostitute is either *qedeshah* for a female prostitute or *qedesh* for a male prostitute. Both words come from *qadosh* which means “holy” or “sacred.” See also “Prostitution in the Bible,” American Bible Society Resources, <https://bibleresources.americanbible.org/resource/prostitution-in-the-bible>, which states, “A second kind of prostitute, often called a ‘sacred’ or ‘temple’ prostitute, was a female or a male who had sex with worshipers of a god or goddess in a temple.”

## CHAPTER 7: THE OTHER HALF OF IDENTITY

1. Marcus Warner and Jim Wilder, *Rare Leadership: 4 Uncommon Habits for Increasing Trust, Joy, and Engagement in the People You Lead* (Chicago: Moody Publishers, 2016). See page 37 for a more extensive list.
2. “An Interview with Dr. Allan Schore,” *The Science of Psychotherapy*, July 14, 2014, <https://www.thescienceofpsychotherapy.com/an-interview-with-allan-schore/>.

3. This story is also shared in Deeper Walk Institute, “Course 1, Heart-Focused Discipleship—Session 3: Understanding Law vs. Grace,” video, 42:52, December 29, 2021, <https://www.youtube.com/watch?v=YsAMhb1TJfQ>.
4. James G. Friesen et al., *The Life Model: Living from the Heart Jesus Gave You: The Essentials of Christian Living* (Lexington, KY: The Shepherd’s House, Inc., 1999).
5. Marcus Warner, “Understanding the Wounded Heart—Session 1: The Core Model,” video, 18:14, December 1, 2020, [https://www.youtube.com/watch?v=XMf28gA1zTg&ab\\_channel=DeeperWalkInternational](https://www.youtube.com/watch?v=XMf28gA1zTg&ab_channel=DeeperWalkInternational).

## CHAPTER 8: SPIRIT AND SCRIPTURE

1. Corrie Ten Boom (@CorrieTenBoom), “If you look at the world, you’ll be distressed. If you look within, you’ll be depressed. If you look at God, you’ll be at rest,” Twitter, July 9, 2009, <https://twitter.com/CorrieTenBoom/status/2552264968>. This is widely attributed to Corrie ten Boom, although an original source could not be found.
2. Textual date—1876 BC.
3. Textual date—1446 BC.
4. Most likely happened in the 990s.
5. Exile happened in waves: 606, 597, 586. Return happened in 538. Temple rebuilt 516 BC.
6. Jesus was likely born in 3 BC.

## CHAPTER 9: LIVING IN THE SPIRIT

1. The Hebrew word *yada* generally means to know someone relationally or experientially, but in this context seems to imply intimacy.
2. E. James Wilder et al., *Joy Starts Here: The Transformation Zone* (Lexington, KY: The Shepherd’s House, Inc., 2013), 147–149, 260.
3. E. James Wilder et al., *Joyful Journey: Listening to Immanuel* (Los Angeles: Presence and Practice, 2020), 13.
4. *Hesed* is normally transliterated *chesed*, but I find that confusing to people who don’t know Hebrew. So I have opted for simpler spelling.
5. Mark I. Bubeck, *Prayer Patterns for Revival* (Chicago: Moody Publishers, 2020).
6. Judy Dunagan, *The Loudest Roar: Living in the Unshakable Victory of Christ* (Chicago: Moody Publishers, 2022). At the time of writing this book, Judy sits on the board of Deeper Walk International.

7. Neil T. Anderson, *Liberating Prayer: Finding Freedom by Connecting with God* (Eugene, OR: Harvest House Publishers, 2012).
8. A. W. Tozer, *The Pursuit of God* (Chicago: Moody Publishers, 2015), 88.

## CHAPTER 10: HEART-FOCUSED COMMUNITY

1. Written testimonial in Deeper Walk online small group, October 19, 2020.
2. Jim Wilder and Michel Hendricks, *The Other Half of Church: Christian Community, Brain Science, and Overcoming Spiritual Stagnation* (Chicago: Moody Publishers, 2020).
3. The word *hesed* is usually transliterated as *chesed*, to show that the word starts with a hard “h” sound. So, if you are used to seeing it the other way, it is the same word and a legitimate alternative to the transliteration process.
4. Marcus Warner and Jim Wilder, *Rare Leadership in the Workplace: 4 Uncommon Habits that Improve Focus, Engagement, and Productivity* (Chicago: Northfield Publishing, 2021), 48.
5. The term *upside-down maturity* was coined by Anne Bierling while working with Dr. Wilder at Shepherd’s House counseling center in Pasadena.
6. E. James Wilder, *The Complete Guide to Living with Men* (Lexington, KY: Shepherd’s House, Inc., 2004). Sadly, as of the writing of this book, *The Complete Guide to Living with Men* is out of print.
7. Jim Wilder, email message to the author, August 2019.
8. Amy Hamilton Brown, *Journey Groups: Level One: A Relational Discipleship Experience* (Carmel, IN: Deeper Walk International, 2021). At the time of this writing, level two curriculum is expected to be released in late 2023.

## CHAPTER 11: MISSION

1. Lee’s story was made into a movie called *The Case for Christ* that is available on several streaming services at the time this book is being written.
2. Lauren Sturdy, “Strobel encourages Texas Baptists to ‘make people thirst for God,’” *Baptist Standard*, November 16, 2016, accessed February 17, 2022, <https://www.baptiststandard.com/news/texas/strobel-encourages-texas-baptists-to-make-people-thirst-for-god/>.
3. Ibid.
4. The content of the REAL Prayer booklet can be found in the book *Understanding the Wounded Heart* (Carmel, IN: Deeper Walk International, 2019). See also the companion booklet by *REAL Prayer: A Guide to Emotional Healing*.