I will

	(MAKE IT EASY)	
when		
_	(CHOOSE YOUR TIMING)	
in		
	(PICK A PLACE)	
and use		
	(MAKE IT TANGIBLE)	
	to cue me to start.	
	I will do this with	
	(FIND YOUR FRIENDS)	_
	(FIND TOOK FRIENDS)	
and		_
	(MAKE IT PLAYEIII)	

to keep it engaging for my whole family.