

FOR FURTHER READING

A note from the author: Not every book on this list is written for a Christian audience, but each book included in this small selection of titles adds something to the conversation about spiritual maturity at midlife. Read with the discernment befitting a sage.

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- Hagberg, Janet and Robert Guelich. *The Critical Journey: Stages in the Life of Faith* (Salem, WI: Sheffield Publishing, 1989, 2004).
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- St. John of the Cross. *The Dark Night of the Soul*. You can find a free version of this book online at https://www.ccel.org/ccel/john_cross/dark_night.html. There are many inexpensive print versions of this classic, first published in the sixteenth century.
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For Further Reading

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Scazzero, Peter. *Emotionally Healthy Spirituality* (Franklin, TN: Integrity, 2006).

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NOTES

Introduction

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Chapter 9: From Doing to Being

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Conclusion

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