

NOTES

Introduction: The Fingerprint Paradox

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4. James W. Fowler, *Stages of Faith: The Psychology of Human Development and the Quest for Meaning* (San Francisco: HarperOne, 1995).
5. Data from James W. Fowler, *Stages of Faith: The Psychology of Human Development and the Quest for Meaning* (San Francisco: HarperOne, 1995).
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Part 1: Dynamic Calling

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Day 1: The Child

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3. Kerrie Graham and Gordon Burghardt, "Current Perspectives on the Biological Study of Play: Signs of Progress," *The Quarterly Review of Biology* 85, no. 4 (December 2010): 393–418, doi: 10.1086/656903.
4. "A Scholarly Blog on Play," PlayCore, <https://www.playcore.com/drstuartbrown>.
5. Erik H. Erikson, *The Life Cycle Completed*, extended version with new chapters on the ninth stage of development by Joan M. Erikson (New York: W. W. Norton, 1998), 77.
6. Ibid.
7. Leonard Sweet, *The Well-Played Life: Why Pleasing God Doesn't Have to Be Such Hard Work* (Carol Stream, IL: Tyndale Momentum, 2014).
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11. Specifically, 1 John 3:1, but also Matthew 19:14; Galatians 3:26; 4:7; 2 Corinthians 6:18; Romans 8:14; John 1:12.

Day 2: The Student

1. I am not using adolescence as a technical term here. Technically, the term is often used in correspondence with puberty (a physical transition from child to adult). I am not using the term in that sense, but rather as a phenomenological transition that includes the physical as well as the psychological, social, and neurological changes we all undergo.
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 4. Frances Jensen, *Teenage Brain: A Neuroscientist’s Survival Guide to Raising Adolescents and Young Adults* (Toronto: HarperCollins Canada, 2015), 83.
 5. Josh Shipp, *The Grown-Up’s Guide to Teenage Humans: How to Decode Their Behavior, Develop Trust, and Raise a Respectable Adult* (New York: Harper Wave, an imprint of HarperCollins, 2018), 23–24.
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Day 3: The Worker

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4. Jeffrey Jensen Arnett, *Emerging Adulthood: The Winding Road from the Late Teens through the Twenties* (New York: Oxford University Press, 2015), 17.
5. David Brooks, *The Second Mountain: The Quest for a Moral Life* (New York: Random House, 2019), ix–xx.
6. Also in Matthew 16:24; Mark 8:34; Luke 9:23; 14:27.
7. Robert M. Yerkes and John D. Dodson, “The Relation of Strength of Stimulus to Rapidity of Habit-Formation,” *Journal of Comparative Neurology and Psychology* 18, no. 5 (November 1908): 459–82, <https://doi.org/10.1002/cne.920180503>.

8. Mihaly Csikszentmihalyi, *Flow: The Psychology of Optimal Experience* (New York: Harper & Row, 1990).
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Interlude: Transitions, the Nighttime of Decision

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2. Saint Ignatius (of Loyola), *The Spiritual Exercises of St. Ignatius*, translated by Anthony Mottola (New York: Image Books, 2014), 130.

Day 4: The Maker

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7. *Ibid.*, 149–51

Interlude: The Descent of Leadership

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Day 6: The Mystic

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Transfiguration

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